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Monday, December 17, 2012



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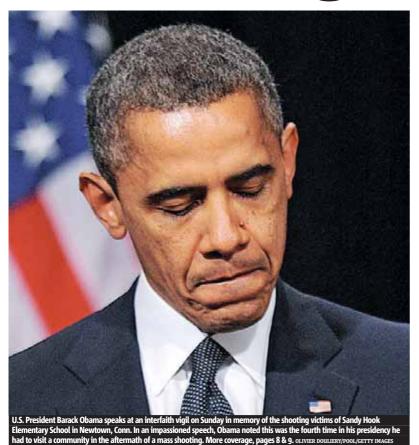
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'These tragedies must end'



Newtown, Conn.

Barack Obama pavs tribute to the victims of Friday's mass shooting

He spoke for a nation in sorrow, but the slaughter of all those little boys and girls left U.S. President Barack Obama, like so many others, reaching for words. Alone on a spare stage, Obama was a parent in grief.

"I am very mindful that mere words cannot match the depth of your sorrow, nor can they heal your wounded hearts," Obama said at an evening vigil in the grieving community of Newtown, Conn. "I can only hope that it helps for you to know that you are not alone in your grief."

The massacre on Friday of 26 children and adults at Sandy Hook Elementary elicited horror around the world, soul-searching in the United States, fresh political debate about gun control and questions about the incomprehensible - what drove the suspect to act.

It also left a newly re-elected president openly grappling for bigger answers. "Can we say that we're truly doing enough to give all the children of this country the chance they de-serve to live out their lives in

A child's question

"The little children, are they with the angels?"

A six-year-old Newtown girl to her mother, in the aftermath of the carnage.

happiness and with purpose? I've been reflecting on this the last few days," Obama said, as some in the audience wept.

"If we're honest with ourselves, the answer is no."

He promised to lead a national effort but left unclear what it would be and how much it would address the explosive issue of gun control.

"What choice do we have?" Obama said. "Are we really prepared to say that we're powerless in the face of such carnage, that the politics are too hard?

"We can't tolerate this any more. These tragedies must end. And to end them, we must change.

He closed his remarks by slowly reading the first names

of each of the 26 victims. For Obama, ending his fourth year in office, it was another sorrowful visit to another community in disbelief. All the victims were killed up close by multiple rifle shots. The toll: six adults and 20 boys and girls, all of whom were just six or seven years old.

Privately, Obama told Con-

necticut Gov. Dannel Malloy that Friday was the most difficult day of his presidency.

The president first met privately with families of the victims and with the emergency personnel who responded to the shootings. That meeting happened at Newtown High

School, the site of Sunday night's interfaith vigil.

"We're halfway between grief and hope," said Curt Brantl, whose fourth-grade daughter was in the library of daughter was in the library of the elementary school when the shootings occurred. She was not harmed.

Police and firefighters got hugs and standing ovations when they entered. So did Obama.

"We needed this," said Rev. Matt Crebbin, senior minister of the Newtown Congregational Church. "We need to be together here in this room.... We needed to be together to show that we are together and

Still, many of Newtown's 27,000 people wondered if life could ever return to normal.

"I feel like we have to get back to normal but I don't know if there is a normal anymore," said Kim Camputo, mother of two children, ages five and 10, who attend a different school. "I'll definitely be dropping them off and picking them up myself for a while.

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Alberta oil. **Premier** concerned about pipeline access

Premier Alison Redford said she will continue to travel the country and the continent to make the case for Alberta's oil and for the pipelines needed to deliver

In a year-end interview with Metro, Redford said the lack of pipeline access is a crucial issue for the province and costing companies and the government

"It is a bigger concern now and we are seeing an almost \$20 differential in the price," she said.

Redford said that issue is why she spends more time travelling than her predecessors

"It is one of the reasons I spend some time outside of the province, making sure that we are talking about our environmental reputation, what sustainability looks like and what the Alberta Economy means to other parts of North America and Canada," she said.

Hearings on the pro-posed Gateway pipeline will continue into 2013, but the project has failed to win much political support

Redford said Alberta will stay out of the province's election, but will try to make sure all the facts come out, both about the project and about the oilsands.

"We will continue to talk about why we think this is important to Canada and British Columbia and, from what I hear, in British Columbia leading up to there provincial election in May, there is a lot of public conversation about this.' RYAN TUMILTY/METRO



Birders flock to city for annual count

Christmas Bird Count.

Birdwatchers 'not cutthroat or anything,' but they do try to count as many birds as possible

ANNALISE KLINGBEIL

Armed with binoculars, a warm coat, mittens and a small brown field notebook, Amelie Roberto-Charron spent Sunday counting birds.

The young woman was one of more than 400 Edmontonians who volunteered to walk and drive around the city tallying the feathered creatures as part of the annual Christmas Bird Count, which has been taking place in Edmonton since

"I won't sabotage another region, but I will go as hard as possible to make sure I beat another region."

Roberto-Charron, birder, said birding is both surprisingly competitive and a lot of fun.

By Sunday afternoon, Roberto-Charron and fellow counter John Acorn had seen 14 different types of birds, mainly chickadees, magpies and pigeons.

Acorn, who's participated in

the count since the late 1970s, said the event is a thoroughly planed operation.

"We all take a little chunk of the city and we prowl around and look very carefully and identify everything we see," he

Birders were expecting to see a total of 50 to 60 different types of birds in Edmonton said Acorn, noting the record number of species counted in the city is 64.

For Roberto-Charron, tallying birds and spying new species is an exhilarating way to spend the day.

"There's a sense of accomplishment every time you get a new species or you see a cool bird that you haven't seen yet for the day. It's pretty sweet," she said.

Roberto-Charron, interest in bird watching was sparked during a university class called Biology of Birds, said birding is both surprisingly competitive and a lot of fun.

"Ît's not cut-throat or any-

- More than 12,000 volunteers across Canada participated in Sunday's
- Volunteers in Edmonton were hoping to see more than 55 species of wild birds on Sunday.
- The Christmas Bird Count project of the National Audubon Society in the United States.

thing," she said.
"I won't sabotage another region but I will go as hard as possible to make sure I beat another region."

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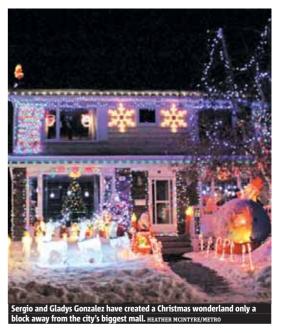


Brad McDonald

metronews.ca Monday, December 17, 2012







Festive homes in Edmonton brighten up the holidays

'Tis the season. On the eighth day of Metro's 12 Days of Christmas, we talk to people who light up the season in a big way

When moving into a house on 148 Street, especially between 92 Avenue and 100 Avenue, one must like Christmas.

Or at least Christmas lights. Candy Cane Lane has long been a tradition in Edmonton, and it lit up for the season on Friday.

This is the second Christmas on the lane for Crystal Jordan-Glister and her family.

Their display consists of lots

of lights, a big stocking boot, a couple of inflatable decorations, "and the old snowman from the old owners," she said.

Jordan-Glister said she and her family were "very excited" to join in on the tradition.

"My youngest loves the lights," she said. "My oldest is 15 and even her birthday, it was opening night for Candy Cane Lane so we had the family out and walking around."

But one street in the west end is not the only place to go to see spectacular displays. A home just south of West Edmonton Mall off 175 Street draws crowds on a nightly basis, thanks to efforts from homeowners Sergio and Gladys Gonzalez.

And on the north side, this is the eighth year for Maisie's

per month

Lights! Camera! Action!

- Candy Cane Lane's hours are 6 p.m. to 11 p.m., though lights start flicking on when it gets dark.
- Maisie's Magical Christmas House automatically brightens up at 5 p.m., staying on until 11 p.m.
- Donations to the Edmonton Food Bank are encouraged at both locations.

Magical Christmas House on 97 Street and 144 Avenue, which sits on two lots.

Owner Jerry Dolynchuk first started decorating because his mother, Maisie, loved the lights, and he hasn't stopped in the four years since her death.

"I just got carried away and everybody just loved it," said Dolynchuk. "This is what it is today, and every year you've got to make it bigger and better, to make it exciting for people to come and see something different."

HEATHER MCINTYRE/METRO

On the web

For a video tour of Maisie's Magical Christmas House with homeowner Jerry Dolynchuk, visit metronews. ca/edmonton/features.

Worth your while

Christmas in the city

Those who would like to make an event out of seeing Christmas lights across the city can do so by jumping on one of the last two remaining days of Edmonton Transit System's Christmas Light Tours offered by the city each year.

The volunteer-run initiative has tours Friday and Saturday, departing from the north side of city hall (99 Street and 103A Avenue) from bus stop #1123

Highlights include Candy Cane Lane, Edmonton River Valley, Whyte Avenue and the Alberta Legislature.

Tickets are \$3 each, and proceeds go to the Donate a Ride program. Children

under five are free.
Tickets are available
at Tix on the Square in
Churchill Square, online
at tixonthesquare.ca or by
calling 780-420-1757.

Tours run Friday at 6 p.m., 6:15 p.m. and 6:30 p.m., while a 5:45 p.m. departure is added on Saturday.

HEATHER MCINTYRE/METRO



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metr⊕ **NEWS**

Crime. Man charged in ATM assaults, robberies

Edmonton police have arrested a suspect after three individuals were robbed at ATMs last week.

Police issued a media release late Saturday asking for the public's help in identifying a suspect, but the accused had already been taken into custody earlier in the day on an unrelat-

During each incident the victims were allegedly assaulted after they had entered their



"All three complaints in the personal robberies were struck over the head with what they described as either a baton or some

form of a pipe," said Staff Sgt. Steven Chwok.

The 31-year-old suspect faces 14 criminal charges. metro

Zeros, yay or nay? Weigh in on draft grading policy

Beginning Monday, the public has a chance to share their opinions on the Edmonton Public School Board's draft student-assessment policy that would allow teachers to hand out zeros

The policy passed first reading at a school board meeting on Dec. 11. The issue of zero grades was put front and centre last vear when teacher Lynden Dorval was fired after he insisted on giving students zeros for incomplete work.

Now that the board of trustees has approved a recommen-dation to consider the policy - the first step in approving a new version — the policy will be posted on the district website for six weeks for stakeholder input.

metronews.ca Monday, December 17, 2012

The school board will also host a teleconference at the end of January for the public to share feedback on the revised

Santas Anonymous delivers the goods

Ho-ho-ho. Thousands of Edmonton families receive toy donations over the weekend

TUMILTY

Leaving the reindeer off the roads, thousands of Edmontonians took up the task for 630 CHED Santas Anonymous this weekend, delivering presents to children in need.

The annual toy drive reached its climax Saturday and Sunday as volunteer drivers showed up at the charity's warehouse to fan out and deliver toys across the city.

Organizers said there was an incredible response to the call for volunteer drivers. They even had to turn 50 cars

"It's just phenomenal; it's just fantastic the way every-body has come through," said Lana Nordlund, the charity's executive director.

Nordlund said the agency saw an overwhelming response this year and helped

- 630 CHED Santas Anonymous has been in operation since 1955, when Jerry Forbes began the operation and distributed toys to 600 children.
- The charity also hands out toys during disasters and works with crisis-management agencies

about 11,000 families, which is slightly less than they

helped last year.
Volunteer Mae Anderson
was helping out inside the
warehouse all weekend long. She said it was great to see all the families come through.

"There were a lot of kids who were happy with what had happened. It was good to see younger people getting involved," she said.

She said people were determined to get the gifts to the families that needed them.

"Some of the parents weren't able to get the gifts to people yesterday, so they came back today to try again, said Anderson



now much emptier Santas Anonymous after the campaign delivered gift

Transit

New LRT board set to convene for first meeting

A new board set to make the day-to-day decisions on the proposed Southeast LRT line will get together for the first time this week.

The LRT governance board, which was established earlier this year, will report to council regularly as it runs the construction and details of the proposed line from Mill Woods to Downtown.

Coun. Amarjeet Sohi said he is excited for the group to start its work and he believes it will move the project along



This artist rendering shows one proposed station on the Southeas LRT line at the Muttart Conservatory. A new governance board to oversee the massive project will meet for the first time this wee

faster than if council was involved.

"The idea behind creating this board is to expedite the

process and the construction of the LRT once funding is in place," he said.

The governance board is

made up of executives from Capital Power, Epcor and the Canadian Western Bank, as well as people with experi-ence in large-scale infrastructure packages, which Sohi said is also a major asset.

"When decisions are being made, procurement or whatever that is, they bring that perspective to the table," said Sohi

The project is still awaiting funding from the provincial and federal governments. Sohi said he hopes they understand

how crucial it is to the city.
"LRT is very important to
the city and it cannot be conducted without the support of the province and federal government."

RYAN TUMILTY/METRO

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U.S. Democrats call for gun restrictions

Second Amendment doubts. Advocates sav the latest shooting in Connecticut could be a tipping point in contentious debate

Democratic lawmakers said Sunday that military-style assault weapons should be banned and that a national commission should be established to examine mass shootings in the United States.

The proposals were among the first to come from Congress in the wake of Friday's school shooting in Newtown, Conn.

"Assault weapons were developed for the U.S. military, not commercial gun manufacturers," independent Sen. Joe Lieberman, a former Democrat, said before a vigil Sunday night in Newtown.

"This is a moment to start a very serious national conversation about violence in our society, particularly about these acts of mass violence," said the Connecticut senator.

Gun-rights activists remained largely quiet on the issue, all but one declining to appear on the Sunday talk shows. Meanwhile, Democrats vowed action and said it was time to hear from voters - not gun lobbyists - on how to pre-

vent the next shooting.

Speaking Sunday night at a vigil in Newtown, President Barack Obama did not specifically address gun control.



But he vowed, "In the coming weeks I'll use whatever power this office holds to engage my fellow citizens, from law enforcement to mental-health professionals to parents and educators in an effort aimed at preventing more tragedies like

Lieberman defended the idea of a national commission as the only way to ensure that the "heartbreak and anger" of the Connecticut shooting doesn't dissipate over time, despite the reluctance of lawmakers to act on the recommendations of outsiders.

THE ASSOCIATED PRESS

Obama and Senate Democrats haven't pushed for new gun controls since rising to power in the 2008 national elections. Outspoken advocates for stricter laws, including Sen. Dianne Feinstein, say that's because of the power-ful sway of the National Rifle

Tipping point. But advocates also say the latest shooting is a tipping point that could change the

dynamic of the debate dramatically. Feinstein said she will propose legislation next year that would ban big clips, drums and strips of more than 10 bullets.

Bloomberg. New York Mayor Michael Bloomberg said Obama could use executive powers to enforce existing gun laws, as well as throw his weight behind legislation like Feinstein's.

School massacre. Leftover ammo suggests an even deadlier plan: Police

The gunman in the Connecticut shooting rampage was carrying an arsenal of hundreds of rounds of especially deadly ammunition — enough to kill just about every student in the school if given enough time, authorities said Sunday, raising the chilling possibility that the bloodbath could have been even worse.

Hours later, President Bar-

ack Obama told mourners at a vigil that the nation is failing to keep its children safe. He pledged to seek change in memory of the 26 teachers and schoolchildren who were killed in the second-deadliest school shooting in U.S. history.

Police said they found hundreds of unused bullets at the school, which enrolled about 450 students in kindergarten



through fourth grade. With so much grieving left to do, many of Newtown's 27,000 people wondered whether life could ever return to normal. And as the workweek was set to begin, parents weighed whether to send their own children back to school.

THE ASSOCIATED PRESS

No one harmed

Churchgoers flee after phone threat

Worshippers hurriedly left a church Sunday when someone phoned in a threat.

The call interrupted a crowded Mass and touched off a large police response days after the worst massacre of school-age children in U.S. history.

Halfway through the noon service at the St. Rose of Lima Church, the priest stopped and said, "Please, everybody leave. There is a threat," said worshipper Anna Wood of Oxford, Connecticut.

Eight child victims, the gunman, and his mother attended St. Rose of Lima.

The church hosted overflow crowds at all three morning Masses Sunday.

THE ASSOCIATED PRESS

More online

Read and see more about the Newton, Connecticut, school shooting at metronews.ca, including:

- Portraits of shooting victims show lives at their very start, ended in a hail of aunfire
- Gunman's father speaks of sympathy, heartbreak
- Many employees at Connecticut school being hailed as heroes in wake of deadly shooting

Also: Continuing coverage on the push for new gun legislation by U.S. Democrats, and the political implications behind it.



metronews.ca NEWS 0



Victim of school massacre mourned in Winnipeg

Close to home.

Community offers their love and support to family of Connecticut shooting victim



Members of a Winnipeg church and school are mourning a six-year-old girl, described as bright and talented, who died in a horrific school shooting in the U.S. on Friday. Ana Marquez-Greene was

Ana Marquez-Greene was one of the 20 children murdered in Newtown, Conn., in a rampage that left 28 dead, including the shooter and his mother. Ana, who moved back to Connecticut with her family after a few years in Winnipeg, was the daughter of University of Manitoba professor Jimmy Greene, an accomplished saxophone player.

Greene issued a statement

Greene issued a statement via his Facebook page this weekend.

"Thank you for all of your prayers and kind words of support," reads the posting that was put up Saturday. "As we work through this nightmare, we're reminded how much we're loved and supported on this earth and by our Father in heaven. As much as she's needed here and missed by her mother, brother and me.

Ana beat us all to paradise. I love you sweetie girl."

Ana attended Linden Christian School while she lived in Winnipeg with her parents and her brother, Isaiah. Isaiah was also at the school during the shooting but escaped unharmed.

"As a community, let's uphold James, Nelba and their son Isaiah, as well as the many individuals impacted by this tragedy, in prayer," said Linden Christian principal Rob Charach.

The family attended Whyte Ridge Baptist Community Church while in Canada, and the church had a vigil Friday night. Pastor Terry Janke said about 60 families showed.

WITH FILES FROM THE CANADIAN PRESS

Vatican

Pope offers his prayers to families

Pope Benedict XVI told pilgrims and tourists in St. Peter's Square on Sunday that he is praying for the families of the 20 children and six adults who were killed during a shooting rampage at a U.S. school.

Benedict said he was "deeply saddened by Friday's senseless violence." THE ASSOCIATED PRESS

Missing women inquiry

Oppal to release Pickton report

The closest thing Marilyn Renter has ever had to a trial for her step-daughter's death is the inquiry into the failures that allowed Robert Pickton to target sex workers from Vancouver's Downtown Eastside.

On Monday, Renter will find out whether her long wait for justice has been answered as Commissioner Wally Oppal releases a report outlining why Pickton wasn't caught sooner and what should be done to prevent similar failures in the future.

Possible contamination

Frozen burger recall expanded

THE CANADIAN PRESS

The Canadian Food Inspection Agency (CFIA) is expanding a nationwide recall of frozen beef burgers that may be contaminated with E. coli bacteria. The public is now warned not to consume Cardinal Select brand Prime Rib Beef Burgers sold in 1.13 kilogram packages with a best before date of July 31, 2013. THE CANADIAN PRESS

Spy budget. Army trying to maintain intelligence capabilities

The Canadian Army is trying to hold on to its intelligence-gathering capability and its ability to disrupt spying in the face of budget strain, say internal National Defence documents.

A briefing note shows the army has pushed the military's chief of intelligence to permanently staff "high-readiness" intelligence positions within brigades and all-source intelligence centres that could be called upon to deploy overseas.

With a shrinking defence budget, there is a fear those disciplines could face "degradation." THE CANADIAN PRESS





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Accusations taint referendum vote



Egyptian constitution.

Ruling party accused of tampering with polling stations

Egyptian rights groups called Sunday for a repeat of the first round of the constitutional referendum, alleging the vote was marred by widespread violations. Islamists who back the disputed charter claimed they were in the lead with a majority of "yes" votes, though official results have not been announced.

Representatives of seven rights groups charged that there was insufficient supervision by judges in Saturday's vote in 10 of Egypt's 27 provinces and independent monitors were prevented from wit-

120,000

help police protect polling stations and state institutions

nessing vote counts.

The representatives told a news conference that they had reports of individuals falsely identifying themselves as judges, of women prevented from voting and that members of Islamist President Mohammed Morsi's Muslim Brotherhood were allowed inside polling stations. They also complained that some polling centres closed earlier than scheduled and that Christians were denied entry to polling stations.

The vote is the latest stage

in a near two-year struggle over Egypt's identity since the oustof longtime leader Hosni Mubarak in a popular uprising.

The latest crisis over the Islamist-backed charter evolved into a fight - deadly at times — over whether Egypt should move toward a religious state under Morsi's Brotherhood and their ultraconservative Salafi allies or one that retains secular traditions and an Islamic character.

Potentially adding to questions over the legitimacy of the vote is the low turnout in the first round - unofficially estimated at 32 per cent, which if confirmed would be far lower than the presidential or parliamentary elections following Mubarak's fall. A second round is to be held in the remaining 17 provinces on Saturday.

THE ASSOCIATED PRESS



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Kim Jong Il mourned after successful launch

North Korea parlayed the success of last week's rocket launch to glorify leader Kim Jong Un and his late father on Sunday, the eve of the first anniversary of his death.

The successful firing of the rocket on Wednesday ostensibly to place a satellite in space — was a clear sign that Kim will continue his father Kim Jong II's militaristic hardline policies despite international condemnation.

The West sees the rocket as a thinly disguised way of carrying out UN-banned tests of long-range missile technology, which it says not only threatens regional stability but is also a waste of resources when millions of North Koreans have little to eat in the famine-beset country crying out for economic reforms.

It is also feared that after the rocket launch, Pyongyang will press ahead with a nuclear test to build a war-



North Korean officials leave a meeting on the eve of the anniversary of Kim Jona Il's death. THE ASSOCIATED PRESS

head small enough to be carried by a long-range missile.

At a sombre memorial service Sunday to start a fresh round of mourning, North Korea's top leadership predictably eulogized Kim Jong II and his son, who is certain to have gained national prestige and clout by going ahead

Memoria

North Korea spent the weekend mourning as a lead up to the first anniversary of Kim Jong Il's death.

- Saturday. North Koreans began streaming to a bronze statue of Kim on Mansu Hill and to Kim Il Sung Square to pay their respects.
- Sunday. Kim Jong Un joined the memorial service at the Pyongyang Indoor Stadium on the eve of the anniversary of Kim Jong Il's death.

with the rocket launch.

Wednesday's launch was North Korea's second attempt in eight months to fulfil Kim Jong Il's 14-year quest to put a satellite into space.

THE ASSOCIATED PRESS

Civil war. Iran proposes plans to end Syrian unrest

Iran is backing presidential elections in Syria as part of a six-point plan outlined Sunday to halt the 21-month civil war in Tehran's main Middle East ally.

The plan, described by state media and Iranian news agencies, also calls for efforts to halt the flow of weapons into Syria and to hold talks that include the government of Syrian President Bashar Assad.

Iran in the past has offered initiatives to end the Syrian bloodshed, but none are likely to gain any momentum with the main rebel forces that view Tehran as discredited by its close ties to Assad. On Saturday, Iran's Foreign Minister Ali Akbar Salehi said Iran would do all it could to keep Assad in power.



The latest proposals were offered during the opening of a two-day conference that includes 200 Syrian religious and political figures and envoys from countries including Syrian neighbours Turkey, Iraq and Lebanon, according to the semi-offical Fars news agency. The ASSOCIATED PRESS

Right-wing party wins election

Japan

Japan's conservative Liberal Democratic Party returned to power in a landslide election victory Sunday after three years in opposition, according to early returns. THE ASSOCIATED PRESS

Headache

Clinton suffers a concussion

Secretary of State Hillary Clinton sustained a concussion last week after becoming extremely dehydrated and fainting while suffering from a stomach virus, the State Department said.







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metronews.ca Monday, December 17, 2012 metr⊕ **NEWS**

Idle No More: Movement by First Nations activists grows with online push

First Nations activists are gearing up for a week of rallies as part of a growing grassroots movement known as Idle No More, which has drawn together communities across the country thanks to a powerful presence online.

Supporters say they are upset about the effects of the Harper government's policies on aboriginal communities. They want First Nations to be recognized as sovereign stakeholders in decisions affecting land and resources.

The movement has quickly gained momentum, particularly with a new generation of young, social-media-savvy activists. Thousands have used the #idlenomore hashtag on Twitter to debate issues and spread information about upcoming protests.

Events across the country

— from Halifax to Red Deer - are posted on the group's website and on Facebook. After a round of protests on Dec. 10, more events are planned for this week, culminating in a rally on Parliament Hill on Friday.

Jan O'Driscoll, a spokeswoman for Aboriginal Affairs

Tanya Kappo, an Edmonton activist who sent the first message with the #idlenomore hashtag, said discontent with the federal government has been simmering for some time and all it took was a spark.

The campaign was started by four women from Saskatchewan against a number of bills before Parliament. They are particularly critical of Bill C-45, the government's omnibus budget legislation, which they say weakens environmental laws.

Minister John Duncan, said the department has made efforts to consult with aborig-inal leaders. He said Duncan has also tried to reach out to Chief Theresa Spence of the Attawapiskat First Nation, who is entering the second week of a hunger strike that has become a cause célèbre for some First Nations activ-

THE CANADIAN PRESS



Same-sex marriage supporters rally in Paris

Demonstrators in Paris show their support, Sunday, for the Socialist government's plan to legalize same-sex marriage and adoptions. An estimated 60,000 to 150,000 people staged a peaceful march Sunday with banners reading "A Gay Marriage is Better Than a Sad One" or "Single, Free in Solidarity." The words "equality" and "choice" dominated the march of male and female couples, children and supporters. French President Francois Hollande has said he would enact his "marriage for everyone" plan within a year of taking office last May. The text will go to parliament next month. But vocal opposition from religious leaders, some politicians and parts of rural France has divided the country. REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Threats to peace?

Pope's comment sparks protest

Activists angered by Pope Benedict XVI's recent comment about gay mar-riage held a small protest in St. Peter's Square Sunday during the pontiff's weekly address there.

In his annual peace message released by the Vatican on Friday, the pontiff called gay marriage, and abortion. threats to peace.

THE ASSOCIATED PRESS

South Africa

Mandela praised at convention

Nelson Mandela's political party, the African National Congress, sang praises for the anti-apartheid icon as they opened their Mangaung convention in Bloemfontein Sunday. The 94-year-old leader remained under doctors' care for a lung infection in the longest hospitalization he's faced since leaving prison decades ago. He also underwent

endoscopic surgery on Saturday to remove gall-STODES THE ASSOCIATED PRESS

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Ontario man's been ready for impending disaster for half a century

Bruce Beach shows off the living quarters in his underground bunker in Horning's Mills, Ont. THE CANADIAN PRESS

Bunker. Whether for the Cuban missile crisis, Y2K or a nuclear catastrophe, Bruce Beach stays prepared

Don't talk to Bruce Beach about doomsday. He's been preparing for impending disaster for a half-century and has seen apocalyptic agitation come and go, like so many fads.

So forgive him for not panicking over the end of the Mayan calendar on Dec. 21, this coming Friday.

this coming Friday.

The 78-year-old former high school teacher, who has a huge nuclear bunker, built his first shelter for the Cuban missile crisis in the 1960s.

He was prepared to go underground for the Y2K crisis, amid widespread concern that computer glitches might bring down airplanes in 2000. He received lots of calls from people seeking shelter during the 1982 Falk-lands War.

But his busiest day was Sept. 11, 2001, when his website was bombarded with 85,000 hits within three hours

People regularly drop in to seek refuge in the shelter he built in the 1980s, named the Ark Two, which is composed of 42 buried school buses.

The labyrinth, with its kitchens, showers and separate bunk rooms for children and adults, is about 90 kilometres northwest of Toronto, in Horning's Mills

in Horning's Mills.

"People have been in a panic because someone has prophesied the end of the world this particular week or whatever," Beach said.

"They call us up just to make sure we have space in the shelter and I tell them, 'For sure.'" Beach's main concern has always been the threat of nuclear attacks, which he fears are even closer than ever because of Middle East conflicts or Iran. THE CANDIAN PRESS

Rules of the road

Cops charge motorist stopped by citizens

A number of motorists in Windsor, Ont., corralled a suspected drunk driver until police arrived.

until police arrived.
Police say they received calls Saturday night about a vehicle swerving all over the road with no

headlights. When the cops arrived, they spotted a jeep surrounded by four or five cars, preventing the vehicle from travelling the whole

from travelling anywhere.
Police say a 41-year-old
Windsor man blew three
times over the legal bloodalcohol limit. He was arrested for impaired driving.

The vehicle was impounded for seven days and the man's licence suspended for 90 days.

THE CANADIAN PRESS

Pregnant princess. Kate attends first function since hospitalization

The pregnant Duchess of Cambridge made her first public appearance Sunday night since her hospitalization for acute morning sickness.

The former Kate Middleton presented awards at the BBC Sports Personality of the Year prizes broadcast in Britain. THE ASSOCIATED PRESS



Ikea monkey. Darwin's owner files lawsuit for the return of her pet

The owner of Darwin, the monkey in a faux shearling coat who almost wandered into a north Toronto Ikea store, has filed a lawsuit to get her pet back.

Toronto Animal Services captured Darwin last Sunday and transferred him to a primate sanctuary in Sunderland. Yasmin Nakhuda's lawsuit names the sanctuary and alleges they have "unlawfully detained" the monkey.

The suit also claims that officials only had the right to issue a ticket, not to seize the animal. "The bylaw does not have any provisions that allow the officer to withhold returning the pet," said her lawyer. Torstar news service.













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Protesting the privatization of health care

A man holds a dummy depicting a health worker during a demonstration Sunday in Madrid, Spain, against cuts to public health care and the privatization of medical centres and hospitals. In Madrid, doctors have already staged 16 days of strikes and health workers' unions are calling for a third 48-hour strike on Dec. 19 and 20. Around 4,000 operations have been suspended in the city since the medical strikes started. Pablo Blazquez Dominguez/GETTY IMAGES

U.S. economy

Economic data, fiscal cliff colour year-end trading

Talks aimed at avoiding the so-called fiscal cliff in the U.S. will keep casting a shadow over trading this week as markets begin to wind down for the holidays.

But traders will have key economic data to serve as a possible distraction, including the latest reading on Canadian economic growth and retail sales. And in the U.S., investors will look to see if the strong run-up in housing starts carried on into November.

Going over the cliff involves the automatic imposition of hundreds of billions of dollars in spending cuts and tax increases that could put the U.S. economy back into recession.

Markets have generally held up well since the fiscal cliff situation started to dominate market sentiment right after the Nov. 6 U.S. elections. In fact, the TSX and the Dow industrials have at least made up the initial losses registered in the immediate wake of the contest that left the U.S. political landscape largely unchanged, which in turn raised doubts Republicans and Democrats could strike a deal. THE CANADIAN PRESS

Pitfalls of self-publishing

Going it alone. Here are five tips to help you get in on the ebook explosion in 2013

In 2012, Douglas & McIntyre filed for bankruptcy protection, Random House of Canada become the sole owner of McClelland & Stewart, and Penguin and Random House planned to merge.

It's perhaps no surprise that year also saw an explosion in online self-publishing, with a wealth of platforms — including Kobo Writing Life, Amazon Kindle Direct Publishing and iBooks Author — offering authors an alternate avenue.

"We're actually hearing from a lot of different types of authors, some brand new and some successful ... that have had traditional contracts that are just using self-publishing to experiment with new stuff or put books out that they wanted to do on a different cycle than their traditional publishers were," says Libby Johnson Mc-Kee, director of Kindle Direct Publishing.

If you have dreams of being a self-publishing sensation in 2013, here are tips on how to stand out:



The moment you start writing the book, begin building your marketing platform.

"The hardest thing about self-publishing is marketing, not writing, and people find this out too late," says author Guy Kawasaki, who has self-published two books and explains how to do so in the newly released APE: Author, Publisher, Entrepreneur — How to Publish Your Book.

He recommends spending two to three hours a day on writing, and one hour a day building a marketing platform on social media sites such as Google Plus, Facebook, Twitter and LinkedIn. 2 It sounds simple but — write a great book (and know your audience).

"Bad books just don't sell," says Johnson McKee. "And if you write a great book and really work hard on getting your message right, the craft of writing is still the thing that wins the day."

Browse blogs of authors in

Browse blogs of authors in the same genre and understand what fans like to read.

Once the book is written, start crowdsourcing. Get fans, friends, colleagues and others to copy edit and/or review the book. "Do this immediately be-

"Do this immediately before it goes on sale, so that as soon as it goes on sale you have a bunch of great reviews for the book," says Kawasaki (he sent APE in full format to about 1,000 people before he self-published it, and just three days after it went on sale it had about 135 online reviews).

Lure in readers by putting your work on various sites and devices. And create catchy metadata, which includes the cover, title, description, biography, and price.

"People judge a book by its cover, they do, so I would strongly recommend that authors consider using a professional cover designer and investing the time and effort in that," says Mark Lefebvre, director of self-publishing and author relations at Kobo. As with an ebook's text, the cover can also be changed once it's out in digital format.

Write another great book as soon as possible. Lefebvre notes that passionate and dedicated readers will whip through a book and immediately check to see if authors have written anything else.

anything else.

This rule is particularly important for genre writers, adds Johnson McKee. "Those types of readers are voracious," she says. THE CANADIAN PRESS

Mulcair bets Tory-style language can change NDP's fiscal reputation

Tom Mulcair boasts that he often sounds more like a conservative than Prime Minister Stephen Harper. It may seem an odd thing for the leader of a social democratic party to brag about. But for the NDP leader, it's part of his mission to prove to Canadians that New Democrats aren't the wild-eyed, reckless taxers and spenders of lore.

Indeed, he maintains that's a more apt description of Harper's Conservatives, whom he accuses of racking up a huge environmental, economic and social debt that future generations will have to pay off.

tions will have to pay off.

"What's a paradox ... is that
these are essentially conservative themes that I'm evoking in the sense that it would
be very conservative to say,
'Don't look for a handout, be
self-reliant, pull yourself up by
your bootstraps,' all that sort of
stuff." Mulcair said.

"But what the Conservatives are doing is living off the credit card of our grandchildren ... and I think that's

Quoted

"What's a paradox ... is that these are essentially conservative themes that I'm evoking."

Federal NDP Leader Tom Mulcair

wrong.

Mulcair still emphasizes traditional NDP issues: sustainable development and the need to reduce social inequalities. But he's framing them in conservative language, essentially arguing that intergenerational equity requires the current generation to carry its own weight.

Mulcair's terminology reflects a frank political calculation that New Democrats must overcome lingering doubts about their economic management skills if they hope to realize their dream of forming government after the next election.

THE CANADIAN PRESS

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metronews.ca Monday, December 17, 2012 **BUSINESS**

wears a breathing apparatus while erecting scaffolding at Teck zinc and lead smelting and refining complex in Trail, B.C., on v. 28. A ruling in the U.S. has found Teck liable for the costs of clear

Ruling on **B.C.** smelter may have ripple effect

Trail. U.S. judge found Teck Resources is liable for cleaning up contamination in Columbia River

On a beach in northeast Washington state near the Canadian border, Patti Bailey grabs a handful of what looks like sand and rolls the dark grains through her hands.

It's slag, the grainy waste from the Teck Resources lead and zinc smelter in Trail, B.C., about 10 kilometres north of the nearby Canadian border.

They're little time bombs and they're releasing zinc, copper, arsenic and other metals into the environment," said Bailey, an environmental planner for the Confederated Tribes of the Colville Reservation.

A Washington state judge has ruled that Teck is liable for the costs of cleaning up contamination in the Columbia River south of the border from decades of dumping slag and effluent from the company's Trail operations.

In a decision announced late last week, Judge Lonny Suko ruled that, "for decades Teck's

- Some believe the landmark case could have implications for mining and other industrial interests on both sides of the border.
- The Canadian government, the province of British Columbia and the U.S. National Mining Association all intervened in the case to argue that the issue should be resolved bilaterally.

leadership knew its slag and effluent flowed from Trail downstream and are now found in Lake Roosevelt, but nonetheless Teck continued discharging wastes into the Columbia

Suko found that from 1930 to 1995, Teck intentionally discharged at least 9.97 million tons of slag that included heavy metals such as lead, mercury, zinc and arsenic. The judge also found that Teck knew the hazardous waste disposed of in the Columbia River was likely to cause harm. THE CANADIAN PRESS

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Ontario says there are enough votes to move ahead on enriching CPP benefits

Ontario says there is enough support among provinces to act now on enriching the Canada Pension Plan and is urging Ottawa to not wait for unanimity.

Ontario's finance minister, Dwight Duncan, said Sunday night he believes Quebec may be prepared to support modest enhancements of the CPP, which would meet the twothirds of provinces with twothirds of the country's population threshold.

When enriching the CPP was discussed two years ago, Quebec and Alberta balked and Ottawa settled on the creation of a voluntary program for workers without company plans called the Registered Pooled Pension Plan.

"Until now they said we didn't meet the test, now I suspect we will depending on what Quebec does," Duncan said on his way into a Sunday night dinner with his colleagues prior to the Monday meeting.

Duncan also took issue with Finance Minister Jim Flaherty's contention that the economy was too weak to raise premiums on employers.

The Ontario minister said with baby boomers moving into retirement, many without sufficient funds, it is essential that policy-makers address the

"It will create jobs. I would ask people to think about that for a minute. This is not a tax, it is a savings plan"

Ontario Finance Minister Dwight Duncan

inadequacies of the public pension program. THE CANADIAN PRESS

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One of the hardest things about buying a Christmas present for that special someone in your life is finding something that is different, interesting, isn't made in China and doesn't require

you to arrange financing.

That's particularly true if that special someone is a man. There just seems to be fewer things to choose from that aren't a ticket to bankruptcy. So if you want to do something special for your man, I have an idea for you. For 45 bucks, you can give him a trip back in time.

One of the rites of passage for young boys when I was a kid was a trip to the local barbershop. Barbershops were guy places. On a Saturday, men gathered to be groomed, smoke

Father-son bonding

One of the rites of passage for young boys when I was a kid was a trip to the local barbershop. Barbershops were guy places ... male bonding between father and son was the order of the day. One entered a boy and left feeling like a man.

and tell each other whoppers while leafing through the latest Argosy Magazine or Popular Mechanics. Male bonding between father and son was the order of the day. One entered a boy and left feeling like a man.

For the most part, the barbershop as I knew it has disappeared. However there are still some out there. One such place is Tidory's at 101st Street and 101st Avenue. Unlike a salon, Tidory dry cuts hair the old barber's way. You will never find someone with tinfoil in her hair sitting in the chair beside you. No one

will be doing nails or waxing eyebrows.

The one thing Noel Tidory does that most other barbershops don't is offer a hot shave. The hot shave is the male equivalent of a facial. At the end of one you feel pampered and refreshed with the closest shave you have had in your life. There's something quite satisfying about passing a hand over your cheek and finding it is as smooth as a baby's bum.

Most of Tidory's shave clients are guys getting ready to be married along with their groomsmen. However, he is more than willing to take on new customers. He will also do a shave without the haircut. The only catch is that he only does shaves on Saturdays so an appointment is necessary.

So if you want to make your man feel special, book him a Saturday appointment for a shave and a haircut. He will get That is a way better deal than yet another tie, shirt, gift card or electronic gadget.

Feline find

Fossils unearthed believed to be from saber-toothed cat

Researchers say a pair of fossils unearthed in the hills north of Las Vegas belonged to a saber-toothed

The Las Vegas Review-Journal reports that a team from California's San Bernardino County Museum identified the fossils dug up in June as being front leg bones from the extinct predator.

Kathleen Springer, the museum's senior curator,

says the saber-tooth fossils are thought to be approximately 15,590 years old.

The discovery marks the first of its kind in the fossil-rich Upper Las Vegas Wash. Springer heads a team that's been studying the wash for a decade and has been collecting fossils there under a contract with the U.S. Bureau of Land Management since

She says the bones of Las Vegas only known saber-toothed cat are still being studied. There are no immediate plans to display them, but Springer expects that to happen eventually. THE ASSOCIATED PRESS

How much is the doggie made of chains?



NIRIT LEVAV PACKER/REX FEATURES

Recycled animal art

Bicycle chains get upcycled into art

An artist has created a series of incredibly detailed life-size dog sculptures made entirely from bicycle parts.

Israeli-born Nirit Levav Packer's collection includes a full-size greyhound, cocker spaniels and other mutts constructed from recycled bike chains. gears, pedals and even bike seats.

METRO

Element of surprise

Metal mutts are not as tough as they look

At the beginning, Packer was pleasantly surprised that her creations weren't as fierce and hard as the chains of

metal imply. "The first dog I made was a Rottweiler, thinking that the rough edges of the broken metal pieces would loan to the dog's tough persona," she said. "But instead I was surprised to have created a sculpture that was more friendly and cute than intimidating." METRO

Emotional representation

Innermost thoughts shown through dog

In describing her artwork, Packer defines it as "excitement, curiosity and fun."

"For me, this art is a reflection of my own emotions," Packer said.

"It's a representation of my thoughts from inside out. I love to weld metal and these chains are not heavy. surprisingly soft and flexible. Out of all the materials I use — keys, nails, watches metal is my favourite." METRO

Artist's viewpoint



"The biggest challenge for me in this art is to capture the

expressions that a real dog would typically make. Thankfully, this type of metal is very flexible."

Nirit Levav Packer, 49, from Tel Aviv

Panel

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@jaawnn: omg Emily Haines is in American Apparel at west edmonton mall #yeg #metric #edmonton

@jacheckelrojo: Hipsters are taking the occupy movement a lot too literally at

@AliKira: Selling lots of great trees at the #kiwanis tree lot in #yeq! :-)

@Karalynne02: One more exam and one more sleep until I'm home! #exciting

@PaayalPrithika: Oh my gawsh Bob Saget is coming to Edmonton #yeg

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SCENE S



Keeping it all in the family

This is 40. Leslie Mann talks about working with her children on movies directed by her husband and what middle age is like

NED EHRBAR

Leslie Mann has made quite the career in husband Judd Apatow's movies, playing characters not too different from herself in Knocked Up, Funny People and now This is 40. In fact, much of the squabbling between Mann's Debbie and Paul Rudd's Pete in This is 40 was cultivated at home, making the film a kind of marriage counselling for the parents of two. "It's like what I would fantasize about saying to Judd," Mann explains. "Like Debbie can say these things to Pete, but Leslie can't really say these things to Judd. It's fun to have this character to live through."

The film also gives Mann another chance to act along-side daughters Maude and Iris. (Like in Knocked Up, Mann and Apatow's real-life daughters co-star as Mann's character's kids.) But there can be trouble when her older daughter tries to take her work home with her, Mann admits.

"It's fun for Maude because we don't allow her to curse at home. I know she does at school," she says. "So it was fun for her to be able to do that at work, which I didn't think was a great idea, but Judd thinks is funny. So

that's fun for her. But then she gets home from work and she tries to say the F-word or whatever and we have to shut her down."

Even with Apatow's brand of bold, uncomfortable comedy, Mann says she's game for anything. Of course, she had to draw the line somewhere, but that point has nothing to do with humorous or embarrassing situations.

"The only thing that made me feel uncomfortable in this movie is a scene with Iris when I'm laying in bed with her because it felt a little invasive," Mann admits. "I don't know why, because I can do anything else, but that for some reason felt a little like it was crossing some boundary. Just because everyone was sitting there watching me with my little girl doing what I do with my little girl, and I

didn't like that."

As for life after 40, the actress — who hit the milestone herself last March — has found it to be a mixed bag.

bag.

"I think every day is different. Some days I feel fine and other days I feel like crying all day," she says. "I have lunches with my girlfriends who just turned 40, and some of those lunches we're crying and screaming about our husbands and saying we want to leave them and run away, and then other lunches we're fine and love our husbands and are happy with our lives."

and love our husbands and are happy with our lives."

One thing is for sure, though: A sequel about turning 50 would likely be darker.

"I keep asking women who are a little bit older when is

"I keep asking women who are a little bit older when is this going to pass, and they're like, 'It doesn't pass. It just gets worse,'" Mann says.

A little on Brooks

Albert Brooks on being a parent in Hollywood

Dad. Albert Brooks, who plays Paul Rudd's leech of a dad in This is 40, knows that it can be uniquely difficult to be a parent in Hollywood — especially around awards season. "I've got kids who are 14 and 12, and you try to keep them from going to the actual movies when they go to the movie theatre, but then you let them watch screeners. So we all gathered around and watched Flight, and it prompted a discussion of cocaine that I never wanted to have."



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Putting The Impossible into perspective

Naomi Watts. Her latest film on the 2004 South Pacific tsunami left the actress waterlogged and deeply impressed

NED EHRBAR

Naomi Watts has spent a lot of time getting to know Maria Belon, and her esteem for the Spanish woman has in no way diminished. Belon and her family survived the 2004 South Pacific tsunami and went on to inspire Watts' new film, The Impossible. (The family has been recast as British for the movie.)

"I was blown away by her," Watts remembers. "Having gone through this experience together and knowing what she went through, you want to hold onto everything she feels and says because you know how close she came. There's something now about her that makes her just understand life better and it's just deeply impressive. I'm full of self-doubt and second-guessing and cynicism. That's another type of human being."

Self-doubt aside, Watts could at least relate to Belon as one mother to another.

"I'm not thinking about a tsunami on a daily basis," Watts admits. "I have fears about getting separated from my children just on the subway, you know? You laugh, but I've gone through in my head, 'What would I do?' It's happened on an elevator before. And then you're like, is your child going to know where to get off? Luckily it's only ever happened in our building, so it's OK. They



know the number five. But if it's the subway and you haven't had a conversation about it ... You know, I've actually tried to have the conversation, but it's just too confusing for them."

Filming the harrowing and hazardous scenes taking place in the immediate aftermath of the tsunami was no picnic for the actress, but she's not one to complain, always remembering to keep things in perspective. Watts remembers one particular scene where she clings to a tree as water rushes past.

"I was there for a long time, but I was anchored with a harness. Still, with the pressure of the water coming, you still had to hang on tight," she says. "But you just kept reminding yourself, I'm not going to complain. I'm an actor recreating this. There were people who hung onto trees for 10, 12 hours."

Still, that doesn't mean the waterlogged sequence

was a walk in the park.

"Physically, it's the most demanding thing I've ever done. Working with water is always going to be tough. I mean, it was five or six weeks in those tanks," she says.

But Tom Holland, who plays her eldest son in the

film, seemed to enjoy himself, at least.

"Tom thought it was the most fun he's ever had," Watts says. "It was like the water park every day, but the scariest possible one. But he's not only a trained athlete but he's 14."

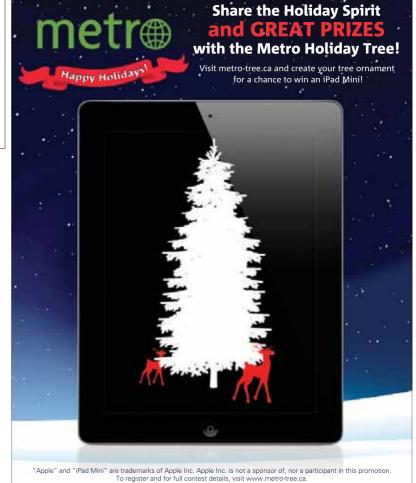
Taking on the critics

Maria Belon is sick of the critics missing the point about her movie

 Quote. The filmmakers behind The Impossible have come under fire for telling the story of the 2004 tsunami through the eyes of European tourists. But Maria Belon, the Spanish woman upon whom the story is based, has had enough. "I am fed up with the criticisms of it being in English, a British family," Belon says. "I can't understand why people don't understand what the movie is about."







metronews.ca Monday, December 17, 2012

Dressing the stars – I dream a dream ... of winning an Oscar

Les Misérables. How exactly does a costume designer go about dressing three A-list actors in three roles of a lifetime?

RICHARD PECKETT

richard.peckett@metro.lu

Les Misérables hasn't hit theatres yet, but there's already talk of Academy Awards.

"The whole thing is a very big tour de force for an Oscar," says its costume designer Paco Delgado, who has worked on critical hits such as Bad Education and The Skin I Live In. Delgado thinks that the

Delgado thinks that the early rave reviews come down to the fact that it's the first film version of a musical to feature live recording as opposed to lip synched performances of prerecorded songs.

But the movie's starry team

might also have something to do with it. The Oscar winner Tom Hooper, best known for The King's Speech, directed Hugh Jackman, Russell Crowe and Anne Hathaway in what critics are calling roles of a lifetime

"When Anne Hathaway sang I Dreamed a Dream, I was moved to tears," Delgado said. Delgado talked Metro

Delgado talked Metro through how he underscored the movie's three most emotive performances with costume.

The inspiration

"Costumes always have a theatrical kind of feeling, whereas clothes are very real, and what I tried to do with this movie is to get into the skin of the character whom I'm dressing," Delgado explains.

Anne Hathaway: Distressed clothes

You'd have to be living under a

rock to have missed all the entertainment headlines about Anne Hathaway's 25 pound weight loss for her role as the tragic emaciated Fantine. It

turns out the clothes went

"We would sand down the fabrics and bleach the materials," he explains. "And we even used blow torches to make the clothes look as though they'd been through a lot of stress," says Delgado.





"We used a vibrant red dress, which was particularly striking styled with (Anne Hathaway's) short cropped hair," Delgado says.

"Fantine starts outs as a pretty girl in cotton mousseline dresses, which are old but still pretty, and gradually we introduce coarser materials to show her descent into prostitution," says the designer.

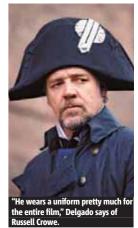
Hugh Jackman: Bringing the lowly to

Hugh Jackman's Jean Valjean is a former convict and an outcast. So Delgado used "blood red rags, rough linens and materials like hessian and hemp to reflect his social position and discomfort."

"After he breaks parole, Valjean becomes more sophisticated in his dress, particularly during his ascension to village mayor," Delgado explains.

Russell Crowe: Dressing a black soul

"He wears a uniform pretty much for the entire film. So he's not the most interesting character (to dress) in that respect," Delgado says. "Russell really wanted to show a man



who was becoming bitter with age, so we decided to gradually darken his uniform until it was almost as black as his soul."

Simple Plan puts their 12-year story in book

Definitive history.

Chuck Comeau's tendency to collect everything has paid off as band puts together story for their fans

IAN GORMELY scene@metronews.c

Every parent has at least one box of their adult children's things buried in the basement, or tucked away in an attic. But whatever misgivings they may have about their kid's junk pales in comparison to the array of items Chuck Comeau's been storing at his parent's home for the last 15 years.

The Simple Plan drum-

mer has played the role of "archivist" in the Montreal-based band since he and singer Pierre Bouvier started out as Reset when they were teenagers. "In the early years, you don't really know if you're going to become successful," he says, as he autographs a foot-tall stack of press photos of the five-piece group. "For some reason, we felt it would be cool to look back on that stuff."

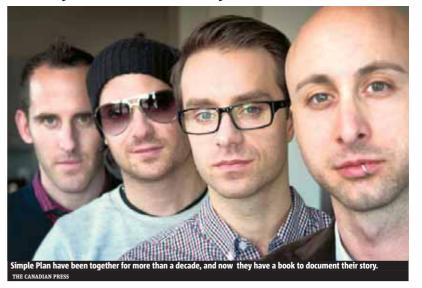
Comeau finally made good on his threat last summer, digging through the 30 boxes of set lists, ticket stubs and even record label rejection letters in preparation for a book, titled Simple Plan: The Official Story, that celebrates the 10th anniversary of the group's debut album, No Pads, No Helmets ... Just Balls. "It took a long time," he says. "You would

stop and read something and think, 'Oh my God, I can't believe I still have that.'"

Included with the various ephemera are some of the 45,000 photos the group have banked over their 12 year run, during which they've sold close to 10 million albums. "The first two albums, was non-stop, straight, zigzagging around the planet," recalls rhythm guitarist Sebastien Lefebvre. "To see how much we've done was the most fun part for me."

Quebec journalist Kathleen Lavoie tells their story, creating what Comeau calls "a cool artifact."

"We put ourselves in the shoes of a hardcore fan," he says. "My favourite band is Blink 182. I wish they would make this book. I would buy it."





Jon Stewart dubs Grant worst Daily Show guest, and actor accepts it

Ion Stewart recently revealed that Hugh Grant was the worst guest he'd ever had on The Daily Show and he would "never" be invited back, saying at the Montclair Film Festival last week that Grant was "giving

everyone s- the whole time. He's a big pain in the ass." Well, Grant got the message, posting to Twitter, "Turns out my inner crab got the better of me with TV producer in '09. Unforgivable. J. Stewart correct to give me kicking."





eriously.... The whole Lower East Side of NY looks like Invasion Of The Drunken Santas! I'm not missing out on this next year.



@ElizabethHurley

Hate untangling Xmas lights ...



@kelly_clarkson
I'M ENGAGED!!!!! I wanted y'all to know!! Happiest night of my life last night! I am so lucky and am with the greatest man ever :)



@DanaDelany

Just home from work. Cold pepperoni pizza. Had to go for the red wine-cold rainy night of filming. 5am is like 5pm, right?

METRO DISH



L.A. Reid will not be back for X Factor's third season



WORD

Considering Demi Lovato and Simon Cowell's contentious behaviour and crazy-sideeyes on this season of The X Factor, it comes as some surprise that it's L.A. Reid who is the first casualty on the judge's panel. The stylishly-dressed music executive will not be coming back next season for the reality TV show.

"I have the utmost respect for Simon Cowell," Reid said Thursday in a statement. Reid claims he is going back to his job of running the Epic music label. "He is the very best, and I have had the opportunity to learn so much from him. Working with him on X Factor has been a once-in-a-lifetime experience. I'm honoured to have sat on the panel with such incredible talent. Of course, I will miss the show," Reid added. "In my opinion, Simon attracts the best talent, but I'm looking forward to getting back to my core business and the responsibility of running Epic Records."

Season 3 already has the go-ahead by Fox, but there's still no word on if Cowell's co-judges Demi Lovato and Britney - will be back



Crowe denies reports and vows to 'bring family back together'

Russell Crowe is taking Page Six to task over reports that he's dating Katie Lee, ex-wife of Billy Joel, while he's separated from his own

wife, Danielle Spencer. "These latest reports are false and cruel," Crowe

who is currently filming A Winter's Tale in NYC and promoting Les Miserables posted to Twitter.

"As soon as I finish this job and can get home, my priority is to try to bring my family back together."



Prosecutors keep eye on Lindsay Lohan and keen to see her do time

When Lindsay Lohan heads back to court next month for a hearing about her possible probation violations, she may be facing her fiercest legal opponents yet. "Prosecutors are going after Lindsay with a vengeance because of her flagrant disregard for the law," a source

tells Radar Online. "The L.A. City Attorney's office will present evidence to Commissioner Jane Godfrey that Lindsay has a long, storied history of lying to cops. Prosecutors want Commissioner Godfrey to sentence Lindsay to 245 days behind bars for the probation violation."



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We all have baggage



IT'S ALL RELATIVE Kathy Buckworth, kathybuckworth.com

As more airlines impose fees for checked bags, travellers are looking for ways to stuff their carry-on bags full and into overflowing overhead bins. But are you really getting something for free? The disadvantages to

The disadvantages to checking a bag is (sometimes) the financial cost, wait times at the baggage carousel or having the bag delayed or lost.

But with a carry-on, downsides include jumping up to wait in line and get on the plane early to secure a bin, (within at least a few rows of your seat) and then hefting a huge bag over your (and others') heads or having to ask



for help to do so.

You're also limited to only 100 millilitres of any liquid (this includes alcohol). Not to mention the jammed in, wrinkled clothes, not having

just the right shoes and pulling the suitcase through miles of airport.

And the time you saved? Your checked in pals used it to read an extra chapter, have another glass or visit the washroom in the airport, prior to boarding. Just make sure you consider the real cost, carefully. Kathy Buckworth IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCK-

Exclusively online

metronews.ca

All Mommy wants for Christmas this year is a photo of you with Santa in which you're not crying hysterically. Follow along with the comedic (mis)adventures of mommyhood with Reasons Mommy Drinks online at metronews.ca/voices

Of wish lists, undesirable gifts and handling high expectations

Holiday demands.

Christmas is a time of year when it's important to manage your kids' high hopes

MARY SHELL

Metro World News in New York

Your children may have wish lists a mile long, but Denise Schipani, author of Mean Moms Rule: Why Doing the Hard Stuff Now Creates Good Kids Later, says that when it comes to gifts, more stuff under the Christmas tree isn't necessarily more satisfying.

"The holidays can be sensory overload for adults. It can be that way for your child, too," she says.

child, too," she says.
Feeling overwhelmed at
your children's overwhelming holiday demands? It's up
to you to manage their expectations. They can't temper
themselves in the throes of
the holidays.

"My kids still believe in Santa Claus, and they make their lists," she says. But Schipani makes sure her kids understand these are wish lists and not just a rundown of what they'll get. Choosing one thing from the list allows you to surprise your child, she says. "There's a way for them to feel excited about getting stuff without getting greedy about it."

You won't be a Grinch if your child doesn't get everything they desire — not everybody gets everything they want.

"And when your kids ask for something that's too extravagant, Schipani points to a chapter in her book titled: Say 'No.' Smile. Don't Apologize. Repeat as Necessary.

"It's not damaging to say, 'No,'" she reminds.

On the big day, tune in to your kid's experience and how he or she is reacting to unwrapping the gifts. If there's a tantrum or you see your child's eyes glaze over, take note.

"The reason they're doing that might well be that you've overwhelmed them," she says

And it's equally important to notice when you see your child stop and really engage with a toy. It means you've

Your relative

When you can't control the grandparents...

Meaningful gifts. "There are relatives that are not going to listen, no matter what," Schipani says. But try having a conversation with family members before the holidays. Tell them to consider whether gifts are age-appropriate or whether a combination of quality time and a meaningful gift might be better for your child than an iPod or Xbox."

given your child something he or she really enjoys — a gift that's probably sufficient on its own.

Finally, remember to set a good example for your kids and take opportunities throughout the year to remind them of the great things they already have.

Avoid cultivating a "more is better" attitude, she notes. "Model the behaviour that you want to see."





Delicious Meatballs & Cranberry Marinara know how to get party started

- 1. Heat the oven to 425 F. Coat a rimmed baking sheet with cooking spray.
- **2.** In bowl, combine eggs, cilantro, jalapenos, garlic, fennel, oregano, onion powder, red pepper flakes, 2 teaspoons of salt and 1/2 teaspoon of pepper. Whisk until well combined.

- 3 eggs, beaten
- 1/4 cup finely chopped cilantro
- 1 tbsp finely chopped ialapeno slices
- 3 cloves garlic, minced
- 2 tsp fennel seeds2 tsp dried oregano
- 1 tsp onion powder
- 1/2 tsp red pepper flakes · Kosher salt and ground black pepper
- 3 lbs ground beef (93 per cent lean)
- 14-oz can whole berry cranberry sauce
- 15-oz can diced tomatoes
- Splash of hot sauce



Add ground beef, then mix until completely blended. Divide mix into 50 balls, using 2 tablespoons of the mixture per ball. Arrange the meatballs on the prepared baking sheet.

3. Place the baking sheet in the oven and bake the meatballs for 20 minutes. Increase heat to broil and cook for another 1 to 2 minutes, or until lightly browned.

4. Meanwhile, in a medium saucepan over medium heat, combine the cranberry sauce and diced tomatoes. Bring to a simmer. Season with salt and pepper, and a splash of hot

5. When meatballs are done, arrange on a platter, then spoon the cranberry mixture over them. Serve with toothpicks. The associated press

Jeanne's Bakery has a wide variety of Jeanne's Bakery cakes. Jeanne's Bakery has been making cakes for over 70 years in Winnipeg.

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Crab Quiche Bites. Delectable, rich and creamy app

- 1. Heat the oven to 400 F. Arrange the phyllo cups on a rimmed baking sheet.
- 2. In a blender, combine the ricotta, eggs, garlic powder, salt and pepper. Blend until very smooth. Stir the crab meat into the egg mixture.
- **3.** Carefully spoon a bit of the mixture into each phyllo cup,

filling each about three-quarters full.

- 4. Sprinkle a bit of Parmesan over each cup, then bake for 15 to 20 minutes, or until the filling is set and starting to brown.
- **5.** The quiche bites can be served hot, room temperature or chilled.

THE ASSOCIATED PRESS

- Two 1.9-oz packages frozen mini phyllo dough cups (15 cups per package)
- 1/2 cup part-skim ricotta
- 2 eggs
- 1/4 tsp garlic powder
- 1/4 tsp salt
- 1/4 tsp ground black pepper
- 1/2 cup crab meat, finely chopped
- · Grated Parmesan cheese



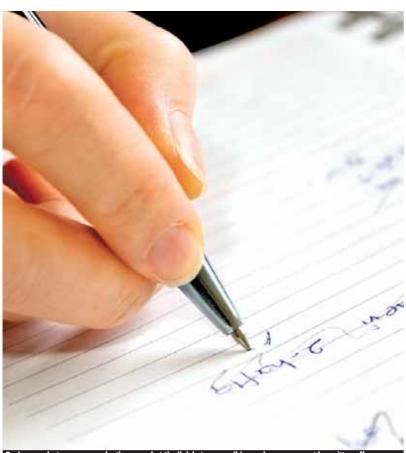
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metronews.ca
Monday, December 17, 2012



Typing up a lecture may now be the norm, but the link between scribing and success cannot be written off.

When it comes to successful studying, give yourself a hand

The write stuff.

Movement and memory a winning classroom combination

What do fingers and hands have to do with how well studied material can be recalled?

According to research, the physical act of holding a pen and writing something out by hand stimulates critical activity in specific areas of the brain.

In a recent study, one group learned the alphabet by writing the letters out by hand. The other group read solely off computers. The group who wrote out the letters by hand had better recall and scored better on tests.

According to Dr. Nick Whitehead, the CEO and founder of Oxford Learning, these studies prove what educators have long known about studying and re-

The pen is mightiest

"There are many different ways to approach the process of studying, but one of the best-known has always been to create study notes using pen and paper."

Dr. Nick Whitehead CEO and founder of Oxford Learning

membering,

"There are many different ways to approach the process of studying, but one of the bestknown has always been to create study notes using pen and paper," he said.

It may seem an old-fashioned practice given the abundance of personal technology that students have at their fingertips, but the act of physically writing creates a motor

Duly noted

How to create study notes

- Grab a pen and paper
- Read over all in-class or textbook notes.
- Write down subject headings, subheadings, and bolded or key words.
- Focus on writing down the ideas or concepts that are the most challenging, or that are the most difficult to remember.

memory in the brain that improves recall.

Not only do study notes help students organize the material, but the act of holding the pen and writing notes makes the study process active rather than passive. NEWS CANADA





metronews.ca Monday, December 17, 2012 WORK/EDUCATION 25

The In-Credibility Factor

Name: Sarah Prevette City: Toronto Age: 30 Occupation: Founder and CEO of Sprouter



THE IN-CREDIBILITY FACTOR
Teresa Kruze life@metronews.ca

Sarah Prevette has been hailed as one of the top entrepreneurs in North America. With her work profiled in the Wall Street Ĵournal and Forbes magazine, Prevette is credited with assisting more than 100,000 start-ups around the world through her online company. Sprouter was acquired by the Post Media Network in 2011, but she still runs the company and has started a new venture called BetaKit that is focused on identifying emerging technology trends for Fortune 500 companies.

I knew I was on my way when ... someone came up to me and told me how Sprouter had affected their life. It was profoundly moving to have someone give credit to something you had built as a reason for their success. The incredible feed-

Leaving a legacy

"I hope I can look back one day and say I acted on my ambitions and that I left the world a better place."

Sarah Prevette Founder and CEO of Sprouter

back from the community continues to be a motivating factor for all of us. I hope I can look back one day and say I acted on my ambitions and that I left the world a better place.

Action Plan

Don't isolate yourself

Get out early, get feedback and talk to your potential market

Adjust your course

Iterate based on feedback from your potential market and understand it's a continuous evolution of your business.

Fall in love with the problem, not the solution.

Be focused on the core issue you are trying to solve. You can always change the solution. Don't get caught up in features and functionality.



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NFL. Packers lock up NFC North with win over Bears

The Green Bay Packers clinched their second straight NFC North title with a 21-13 victory over the archrival Chicago Bears on Sunday

James Jones caught all three touchdown passes thrown by the Packers' Aaron Rodgers. Green Bay has now won six straight in the NFL's oldest — and fiercest rivalry.

The Packers (10-4) have won 12 straight against NFC North opponents, the longest streak in the NFL



WHL. Oil Kings send Pats home humbled

Michael St. Croix scored four times as the Edmonton Oil Kings downed the visiting Regina Pats 8-1 on Sunday in Western Hockey League ac-

T.I. Foster had two goals and two assists for the Oil Kings (22-7-5), who extended their winning streak to four games, while Klarc Wilson had a goal and an assist.

Brandon Baddock added a single goal and Dylan Wruck had four assists to round out Edmonton's offence.

Stephen Hak had the lone

goal for the Pats (12-20-4). Laurent Brossoit stopped

20 shots for the win as Matt Hewitt turned aside 30-of-38 shots in defeat.

Broncos rumble to 9th straight win vs. Ravens

NFL. Denver gets win in Baltimore despite off game from QB Manning

The Denver Broncos no longer can be considered a notch below the best in the AFC, nor can they be viewed as a team that can succeed only when Peyton Manning puts up daz-

zling numbers.
Their 34-17 rout of the Baltimore Ravens on Sunday showed just how good these Broncos can be.

Chris Harris returned an interception 98 yards for a momentum-turning touchdown, and Denver cruised to its ninth straight victory in surprisingly

easy fashion.
"You come to the Ravens' house and beat them handily, it's definitely a statement game," Harris said. "We definitely wanted to show to everybody that we're an elite team.

Manning threw for 204 yards and a score in his ninth

For three weeks, Baltimore has needed one win to clinch a fifth straight trip to the playoffs. The Ravens still lead the AFC North, but their lead over the Cincinnati Bengals has shrunk to one game with two to play.

consecutive win against Baltimore, the first with the Broncos

But he was merely a role player in this one, because Denver's defence dominated the Ravens, who sputtered in their first game with Jim Caldwell as

offensive co-ordinator.
This was supposed to be a test for Denver, which was eager to face a quality opponent on the road.

"Pat Bowlen has owned the team for 29 years and has averaged 10 wins a season, but it's the first time he's won in this building," Broncos coach John Fox said. "I was proud to see that for him."



ive end Derek Wolfe tackles Ravens guarterback Joe Flacco

Sandy Hook tragedy

NFL pays tribute to shooting victims

metronews.ca Monday, December 17, 2012

The New England Patriots silenced their "End Zone Militia" on Sunday night, paying tribute to the victims of the Connecticut school shooting by cancelling the traditional scoring celebration in which men dressed as Revolutionary War soldiers fire muskets into the air.

Two days after 20 children and six adults were shot to death at the Sandy Hook Elementary School in Newtown. Conn., the Patriots joined teams across the NFL that honoured the victims' memory by asking for a moment of silence.

New York Giants receiver Victor Cruz, after learning that he was the favourite player of one six-year-old victim, wrote "R.Í.P. Jack Pinto," "Jack Pinto, my hero" and "This one is for you" on his shoes for the Giants game against the Falcons. Cruz said he called the boy's family after hearing he was a Giants fan and was told they planned to bury him in one of Cruz's No. 80 jerseys.

"I don't even know how to put it into words," Cruz said. "There are no words that can describe the type of feeling that you get when a kid idolizes you so much that unfortunately they want to put him in the casket with your jersey on. I can't even explain it." THE ASSOCIATED PRESS



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Seahawks quarterback Russell Wilson, left, beats Bills strong safety George Wilson to the corner for his third touchdown on Sunday in Toronto. STEVE RUSSELL/TORSTAR NEWS SERVICE



Seahawks quarterback Russell Wilson looks to pass at Rogers





Bills quarterback Ryan Fitzpatrick is stopped by Seattle Seahawks middle linebacker Bobby Wagner on Sunday at Rogers Centre. STEVE RUSSELU/708STAR NEWS SERVICE

Bills' game goes south as NFL comes north

Toronto. Seattle leaves Ontario with lopsided win, officially ending Buffalo's playoff hopes

Even star receiver Stevie Johnson's golden grill couldn't put a shine on this Buffalo performance

The Bills were hammered 50-17 by the Seattle Seahawks at the Rogers Centre in a 'home game' — and performance — that Buffalo fans probably were only too glad happened in another country.

"The bottom line is we played poorly on offence and defence today," Buffalo coach Chan Gailey said by way of summary.

"We played bad, we played poorly and if you play poorly against a good football team, you're going to look extremely bad and we played poorly and 50 **17**

Seahawks

we looked extremely bad. We did," he added.

The ugly loss Sunday, before a less-than-capacity 40,770, officially eliminated the Bills (5-9) from playoff contention for the 13th straight year.

"We stunk it up today," said running back C.J. Spiller.

"I guess if you look back at it, it's an ugly loss of course," Johnson, a diamond stud glittering in his cheek and ear, added through golden teeth.

added through golden teeth. Johnson did his bit, hauling in eight passes for 115 yards. One was a marvellous onehanded grab that quarterback Du the number

+50

Sunday's win marked the second straight lopsided win for the Seahawks, who downed Arizona 58-0 last week.

Ryan Fitzpatrick called "one of the best catches I have ever seen in person."

And Spiller's 103 yards rushing took him over 1,000 for the season.

But the Seahawks carved open the Buffalo defence in the first half, with rookie quarterback Russell Wilson bamboozling the Bills with his mobility.

ling the Bills with his mobility.

Seattle's first-half possessions went like this: TD, TD, FG, TD, TD and punt. Still the Bills rallied with a late TD and field goal to cut the deficit to 31-17 at the half.

"If you guys were in here at halftime, the energy was there, everybody was excited," said Spiller. "We really thought that if we got the ball (in) the second half, go down and score real quick, we could turn the game around. And it just didn't happen and that's the part that hurts the most."

Buffalo had won the toss and chosen to defer. So Seattle kicked the ball away to open the second half.

But all that good work at the end of the first half went to naught as Buffalo opened the second half with a interception, fumble and interception. Seattle suddenly led 47-17 less than nine minutes into the third quarter.

"We came out and I had the interception and kind (of) lost all momentum that we had and went downhill from there fast," said a frustrated Fitzpatrick, who completed 21 of 38 passes for 217 yards, one TD and two interceptions.

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Courting disaster? NHLPA to vote on dissolving union

NHL. Lockout talks shift from boardroom to courtroom with no end in sight

A critical vote was set to begin Sunday that will determine if the NHL labour battle moves from the negotiating table to the courtroom.

The players are casting their ballots on whether or not to give their executive board the authority to dissolve the NHL Players' Association.

Doing so would allow the board to file a disclaimer of interest, which is a step toward disbanding the union and giving the players the chance to file anti-trust lawsuits against the league.

Two-thirds of the union's membership must vote in favour of the move over a five-day period that ends Thursday, then the union executive board must respond.

The league has already



taken some pre-emptive action after it filed a class-action complaint on Friday that asked a federal court in New York to make a declaration on the legality of the lockout.

The NHL also filed an unfair labour practice charge with the U.S. National Labor Relations Board.

The union was quick to respond with a statement on

Friday night that suggested the league was overstepping its bounds. At that point, it had yet to even be served with the lawsuit.

"The NHL appears to be arguing that players should be stopped from even considering their right to decide whether or not to be represented by a union," it read. "We believe that their position is completely without

High stakes

By filing the class-action complaint in New York, the NHL guaranteed that the legality of the lockout would be decided in a court known to be sympathetic towards management

If the NHLPA files for a "disclaimer of interest" it will seek to have the work stoppage deemed illegal — something that could see players paid triple their lost salary in damages if successful.

nerit."

Despite the focus of the lockout shifting from the board room to the courtroom, there is nothing preventing the sides from continuing to try to negotiate with one another. They met separately over two days with a U.S. federal mediator this week in New Jersey but failed to make any progress.

THE CANADIAN PRESS

MLB. Cys matter: Blue Jays working on trade for knuckleballer Dickey

The Blue Jays' rumoured blockbuster acquisition of NL Cy Young Award winner R.A. Dickey seems to have come down to 72 hours of direct negotiation with the player.

After two days of intense talks, the Jays and Mets, according to a Fox Sports report, have an agreement in principle including seven players. The Mets have given Jays general manager Alex Anthopoulos until Tuesday at 2 p.m. to talk to the 38-year-old Dickey, who has one year left on his contract, and work out a two-year extension through 2015.

The knuckleballer is rumoured to be going to the Jays along with his personal catcher, Josh Thole, and an unnamed prospect for catchers Travis d'Arnaud and John Buck, pitcher Noah Syndergaard and another prospect.

D'Arnaud and Syndergaard are the No. 1 and No. 3 prospects in the Jays organization, according to MLB.com.

The Jays would likely pull out of any proposed deal if they could not work out the extension with Dickey. At the end of the season, the Mets picked up a club option on the knuckleballer for a very reasonable \$5 million, but were looking to lock up the Nashville native for another two seasons. Foiled, they decided to explore a trade.





Another win for the Raptors

Houston Rockets guard James Harden drives to the basket against the Raptors' Amir Johnson on Sunday in Toronto. The winning continued for the Raptors — for one game at least. Jose Calderon had 18 points, 10 rebounds and 14 assists to lead the short-handed Raptors to a 103-96 win over the Rockets, marking the first time Toronto has won consecutive games in eight long months. AARON VINCENT ELEADMTHE CANADIAN PRESS



'It's perfect skiing': Ligety at another level

Giant slalom.

American leaves field in awe after another World Cup victory

Ted Ligety's giant slalom skiing is so much better than anyone else's right now that his rivals are studying his technique.

The American cruised to his third GS win of the season by a large margin Sunday after an opening run that left his fellow skiers in awe, giving the U.S. team two wins in two

Ligety sliced his way down the classic Gran Risa course in Alta Badia, Italy, in a tworun combined time of two minutes, 37.27 seconds. Defending overall World Cup

"He is No. 1 in the world, but he's No. 1 in the world by (a huge) margin."

Current overall World Cup leader Aksel Lund Svindal

winner Marcel Hirscher fin-ished second, 2.04 seconds behind, and Thomas Fanara of France was third, 3.27 back.

"You can't do anything at the moment. He's way ahead," former overall winner Ivica Kostelic said of Ligety. "You need a lot of work to do something like that, and a lot of talent as well.

"He's skiing on the edge most of the time, and his angles are bigger than every-body else," added Kostelic. who finished 21st, more than six seconds back.

Both Hirscher and Kostelic

acknowledged that they have been studying video of Ligety. The highlight reel in this race was Ligety's first run, when he posted a massive 2.40-second

advantage over Hirscher. "At the moment I'm happy to be two seconds behind Ted," Hirscher said. "There's not much more you can do to be competitive. We're all looking to Ted. It's perfect skiing. We're all studying his lines.'

For all intents and purposes, the race was over after the first run.

"The first run was confusing for me and confusing for a lot of other guys," Ligety said. "I had perfect grip whereas a lot of other guys were struggling with chatter. It was a bizarre margin for how it felt like, though. It didn't feel like anything super special. I've

In the second run, Ligety just needed to make sure he made no major mistakes in the second leg. He had a slight problem midway down in the second run, putting his left hand down on the snow, but

Saturday, making it the first time two American men won races on consecutive days since Marco Sullivan and Bode Miller achieved the feat in Chamonix, France, in January 2008. THE ASSOCIATED PRES

skied better in training."

quickly regained control. Steven Nyman, another American, won the downhill in nearby Val Gardena on

Skiathlon. Babikov falls short of medal in Canmore



Canada's Ivan Babikov was in it right until the end in the men's 30-kilometre skiathlon Sunday at the Alberta World Cup cross-country skiing competition before settling for a 12th-place finish.

France's Maurice Manificat won the gold medal in Can-more with a time of one hour 17 minutes 47.3 seconds narrowly beating Roland Clara of Italy who came second at 1:17:48.0.

Norway's Sjur Roethe took bronze in 1:17:49.0.

Babikov, who was the top Canadian, finished with a time of 1:17:55 but was in the top three and in contention for a medal just past the race's half-

"There were two guys on the breakaway and I thought I would get with them and maybe we'll stay away from the group but it didn't happen. I tried. What can I say?" said Babikov, 32, who was born in Russia.

"I just didn't have enough energy today."

Graham Nishikawa Whitehorse finished 15th, Calgary's Kevin Sandau was 34th and Brian McKeever, also of Calgary, was 38th.

It was the best finish of Nishikawa's career and the best of the season so far for Babikov.

"I got some bonus points which is not usual for me and 12th place is still awesome," Babikov said. "I hope we'll have more World Cups here."

National coach Justin Wadsworth said Babikov wasn't feeling well before the race but added that he has the ability to ski with anybody in the world on his best day.

"He just hung in there. The result was good. He's been solid," Wadsworth said. "I think the biggest improvement is Ivan's been so consistent this year. For sure he's been close to the top 15 in distance races so that's a really good start for him." THE CANADIAN PRESS



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NBA

EASTERN CONFERENCE									
	W	L	Pct	GB					
New York	18	5	.783	_					
Miami	15	6	.714	2					
Atlanta	14	7	.667	3					
Chicago	13	9	.591	41/2					
Brooklyn	13	10	.565	5					
Milwaukee	12	10	.545	51/2					
Indiana	13	11	.542	51/2					
Boston	12	11	.522	6					
Philadelphia	12	12	.500	61/2					
Orlando	10	13	.435	8					
Charlotte	7	16	.304	11					
Detroit	7	19	.269	121/2					
Toronto	6	19	.240	13					
Cleveland	5	20	.200	14					
Washington	3	18	.143	14					

WESTERN CONFERENCE

	W	L	Pct	GB			
Oklahoma City	19	4	.826	_			
San Antonio	19	6	.760	1			
L.A. Clippers	17	6	.739	2			
Memphis	15	6	.714	3			
Golden State	16	8	.667	31/2			
Minnesota	12	9	.571	6			
Utah	13	12	.520	7			
Denver	13	12	.520	7			
Portland	11	12	.478	8			
Houston	11	12	.478	8			
Dallas	11	13	.458	81/2			
L.A. Lakers	11	14	.440	9			
Phoenix	9	15	.375	101/2			
Sacramento	7	16	.304	12			
New Orleans	5	18	.217	14			
Division leaders ranked in top three positions							

and best eight teams qualify for playoffs

Sunday's results Toronto 103 Houston 96 L.A. Lakers 111 Philadelphia 98 Denver 122 Sacramento 97

Portland 95 New Orleans 94
Saturday's results
Golden State 115 Atlanta 93 New York 103 Cleveland 102 Indiana 88 Detroit 77 Miami 102 Washington 72 Orlando 107 Charlotte 98 Chicago 83 Brooklyn 82 Minnesota 114 Dallas 106 OT L.A. Clippers 111 Milwaukee 85 San Antonio 103 Boston 88 Memphis 99 Utah 86 New York 103 Cleveland 102

Memphis 99 Utah 86 Monday's games — All Times Eastern Minnesota at Orlando, 7 p.m. Houston at New York, 7:30 p.m. LA. Clippers at Detroit, 7:30 p.m. Chicago at Memphis, 8 p.m. San Antonio at Oklahoma City, 8 p.m. Sacramento at Phoenix, 9 p.m. Tuenday's camento Tuesday's games
Toronto at Cleveland, 7 p.m.

Toronto at Cleveland, 7 p.m.
Atlanta at Washington, 7 p.m.
Utah at Brooklyn, 7:30 p.m.
Minnesota at Miami, 7:30 p.m.
Boston at Chicago, 8 p.m.
Indiana at Milwaukee, 8 p.m. Indiana at Milwaukee, 8 p.m.
Philadelphia at Dallas, 8:30 p.m.
San Antonio at Denver, 9 p.m.
Charlotte at L.A. Lakers, 10:30 p.m.
New Orleans at Golden State, 10:30 p.m.
Wednesday, December 19
Utah at Indiana, 7 p.m.
Detroit at Toronto, 7 p.m.
Brooklyn at New York, 7 p.m.
Mashinatro, at Orlando, 7 p.m.

Washington at Orlando, 7 p.m.
Oklahoma City at Atlanta, 7:30 p.m.
Oklahoma City at Atlanta, 7:30 p.m.
Cleveland at Boston, 7:30 p.m.
Charlotte at Phoenix, 9 p.m.
Milwaukee at Memphis, 9:30 p.m.
Celdon Ethan Strangoreta, 10 p.m. Golden State at Sacramento, 10 p.m New Orleans at L.A. Clippers, 10:30 p.m.

RAPTORS 103. ROCKETS 96 HOUSTON (96)

Harden 7-18 14-15 28, Morris 6-11 5-6 19, Parsons 4-11 3-5 12, Delfino 4-11 0-0 10, Smith 4-7 0-0 8, Asik 3-7 1-4 7, Lin 3-9 0-0 7, Douglas 1-3 2-2 5, Jones 0-1 0-0 0. Totals 32-78 25-32 96.

TORONTO (103) Anderson 6-12 9-9 24, DeRozan 8-19 2-2 19,

Calderon 6-12 5-6 18, Davis 6-9 1-1 13, Ross 4-10 0-2 9, Johnson 4-6 0-0 8, Lucas 2-6 0-0 6, Kleiza 1-6 0-0 2, Pietrus 1-3 0-0 2, Valanciunas 1-2 0-0 2. Totals 39-85 17-20 103. Houston 28 21 22 25 - 96

Toronto 26 23 28 26 -103

3-Point Goals—Houston 7-23 (Delfino 2-7, Morris 2-4, Parsons 1-4, Harden 0-3, Douglas 1-2, Lin 1-2, Jones 0-1). Toronto 8-30 (Anderson 3-7, Calderon 1-5, Ross

1-5, Lucas 2-4, Kleiza 0-4, DeRozan 1-3, Pietrus 0-2). **Rebounds—**Houston 44 (Asik 13. Smith 7. Parsons 6. Morris 6. Delfino 4, Harden 4, Douglas 2, Lin 1, Jones 1). Toronto 43 (Calderon 10, Johnson 8, DeRozan 7, Davis 6, Kleiza 3, Pietrus 2, Valanciunas 2, Anderson 2, Ross 2, Lucas 1). Assists—Houston 14 (Harden 4), Toronto 29 (Calderon 14). Total Fouls—Houston 19,

Toronto 24. Attendance—17,863 at Toronto. T—2:27

NBA LEADERS

SCO	DIM	C A	VED	۸c	Е

:	SCORING AVERAGE			
:		G FG FT	PTS	AVG
:	Bryant, LAL	24 234 184		
:	Anthony, NYK	20 190 126		
:	Durant, Okl	23 202 192		
:	James, Mia	21 210 95	522	25.4
:	Harden, Hou	21 210 85 21 156 167	521	24.8
:	Aldridge, Por	21 176 89	1/11	21.0
:		23 170 103	441	20.8
:	Westbrook, Okl	25 170 105	4/0	20.0
:	Mayo, Dal	24 172 80 24 162 85	490	20.4
:	Curry, GoS	24 162 85	4/5	
:	Pierce, Bos	23 145 125		
:	Wade, Mia	18 134 78	350	19.4
:	Lee, GoS	24 192 77		
:	Parker, SA	23 176 81		
÷	Gay, Mem	21 152 70		
÷	Ellis, Mil	22 153 97		
÷	Lillard, Por	22 144 79	416	18.9
:	Holiday, Phi	22 162 58	404	18.4
:	Griffin, LAC	22 162 58 23 173 71	418	18.2
:	Howard, LAL	24 155 126 22 153 22	437	18.2
:	Anderson, NO	22 153 22	401	18.2
:	Walker, Cha	23 151 90	416	18.1
:	Bosh, Mia	21 139 99	381	18.1
:	DeRozan, Tor	24 164 91		
:	Deng, Chi	22 149 75	392	17.8
:	Randolph, Mem	21 149 71	369	
÷	West, Ind	24 175 72	422	17.6
÷	Jefferson, Uta	24 179 58	418	17.4
÷	Duncan, SA	24 164 85	415	17.3
:	Williams, Bro	23 130 91	391	17.0
:	Jennings, Mil	22 139 52 23 149 46	371 387	16.9
:	Johnson, Bro	23 149 46	387	16.8
:	Cousins, Sac	19 125 69	320	16.8
:	Crawford, LAC	23 125 89	382	16.6
:	Smith, Atl	20 138 42		
:	George, Ind	24 145 50	394	16.4
:	Horford, Atl	20 145 36	326	16.3
÷	Felton, NYK	23 150 34	375	16.3
÷	Afflalo, Orl	23 143 56	372	16.2
÷	Matthews, Por	20 111 56	322	16.1
÷	Batum, Por	20 111 56 21 113 60	336	16.0
:	Bargnani, Tor	21 127 53 23 127 92	337	16.0
:	Paul, LAC	23 127 92	369	16.0
:	Martin, Okl	23 109 98	367	16.0
:	Davis, Orl	23 147 66	360	15.7
:	Garnett, Bos	23 149 64	362	15.7
:	Parsons, Hou	21 121 42		
:	Thompson, GoS		377	
	Not including last night's		-//	20.0
:	manaaning last inglics	, juii.es		

EASTERN CONFERENCE

ATLANTIC DIVISION								
	GP	W	L	OTL	SOL	GF	GA	P
Portland	27	15	10	1	1	82	83	32
Providence	25	14	9	0	2	61	69	30
Worcester	26	13	10	1	2	72	78	29
Manchester	27	12	11	2	2	75	70	28
St. John's	28	13	14	0	1	66	77	27
NORTHEAST DIVISION								
Carinafield	GP	W	Ļ	OTL	SOL	GF 07	GA	P

	G٢	٧V	L	OIL	SOL	Gŀ	GA	P
Springfield	25	15	5	2	3	87	58	3
Bridgeport	26	12	11	1	2	79	87	2
Albany	23	9	8	0	6	55	61	2
Connecticut	26	11	13	2	0	74	88	2
Adirondack	25	10	14	1	0	61	75	2
EAST DIVI	SIC	N						

EAST DIVISION								
	GP	W	L	0TL	SOL	GF	GA	Pt
Syracuse	26	17	6	1	2	95	70	37
Binghamton				1	1	70	53	30
W-B/Scranton	25	13	10	1	1	69	68	28
Hershey	27	13	12	1	1	73	75	28
Norfolk	24	11	12	1	0	69	74	23
WESTERN CONFERENCE								

WESTERN CONFERENCE

NORTH DIVISION								
	GP	W	L	0TL	SOL	GF	GA	Pt
Abbotsford	26	15	5	3	3	66	52	36
Toronto	25	15	9	0	1	85	68	31
Rochester	24	12	9	2	1	82	76	27
Lake Erie	27	12	13	1	1	82	88	26
Hamilton	24	10	12	1	1	55	76	22

INIDANESI DIAISION									
		GP	W	L	OTL	SOL	GF	GA	Pt
	Grand Rapids	24	13	9	1	1	74	70	28
	Rockford	27	13	12	1	1	88	86	28
	Chicago	24	12	9	2	1	65	71	27
	Milwaukee	26	12	11	2	1	73	79	27
	Dooria	26	11	11	2	2	62	83	26

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	28	17	9	0	2	90	74	36
Houston	26	14	8	1	3	82	73	32
Texas	25	13	8	2	2	62	65	30
Oklahoma City	26	13	9	1	3	86	78	30
San Antonio	28	10	15	0	3	71	87	23
Note: Two points awarded for a win, one for an								
overtime or shootout loss								

Sunday's results

Sunday's results
Springfield 3 Manchester 2 (50)
Portland 3 Worcester 2
Toronto 5 Grand Rapids 0
St. John's 4 Providence 0
Charlotte 2 San Antonio 1
Milwaukee 4 Hamilton 3
Husten 6 Wickson (**) (**) Houston 4 Oklahoma City 3 (SO) Saturday's results Charlotte 3 Houston 0 Charlotte 3 Houston U Manchester 3 Adirondack 2 Providence 2 Albany 1 (SO) Portland 1 Connecticut 0 Worcester 4 Hershey 3 (SO) Toronto 4 Rochester 3 (SO) Norfolk 3 Bridgeport 2 (SO)

St. John's 3 Springfield 2 (OT) Chicago 3 Lake Erie 2 Syracuse 4 W-B/Scranton 0 Oklahoma City 5 San Antonio 3 Hamilton 6 Rockford 4 Peoria 3 Milwaukee 1

Abbotsford 2 Texas 1 (SO)

Tuesday's game — All Times |
Hamilton at Peoria, 8:05 p.m.) les Easteri Wednesday's games
Abbotsford at Chicago, 12 p.m.

St. John's at Adirondack, 7 p.m Springfield at Portland, 7 p.m. Springheld at Portland, / p.m.
Norfolk at Hershey, 7 p.m.
Albany at Bridgeport, 7 p.m.
Toronto at Lake Erie, 7 p.m.
Rochester at Grand Rapids, 7 p.m.
W-B/Scranton at Binghamton, 7:05 p.m.
Rockford at Milwaukee, 8 p.m. San Antonio at Texas, 8:30 p.m.

GOLF

PGA

ALFRED DUNHILL CHAMPIONSHIP At Malelane, South Africa

Par /2	
Final Round	
Charl Schwartzel, South Africa	67-64-64-7
Gregory Bourdy, France	66-65-74-7
Kristoffer Broberg, Sweden	70-69-67-7
Scott Jamieson, Scotland	70-68-71-6

Kristoffer Broberg, Sweden	70-69-67-70-276
Scott Jamieson, Scotland	70-68-71-68-277
Garth Mulroy, South Africa	71-68-70-68-277
Andy Sullivan, England	73-71-64-69-277
Richard Sterne, South Africa	70-68-70-70-278
Keith Horne, South Africa	70-69-68-71-278
Steve Webster, England	67-69-70-72-278
George Coetzee, South Africa	71-70-73-65-279
Richard Bland, England	67-73-71-68-279
David Howell, England	70-73-70-67-280
T. van Aswegen, South Africa	70-68-71-71-280
Branden Grace, South Africa	68-71-67-74-280
Richard McEvoy, England	69-70-74-68-281

At Orlando, Fla.

Lee/Daniel Trevino, \$40,500 **AUSTRALIAN OPEN**

Par 72

inai kouna	
aniel Popovic, Australia	64-70-69-69-272
od Pampling, Australia	71-67-69-69-276
nthony Brown, Australia	73-68-64-71-276
eoff Ogilvy, Australia	67-69-72-69-277
rad Kennedy, Australia	69-68-70-70-277
ichard Green, Australia	71-68-70-69-278
athan Green, Australia	72-71-66-69-278
larc Leishman, Australia	69-70-73-67-279
teven Bowditch, Australia	70-67-74-68-279
arren Clarke, Northern Ireland	70-69-72-68-279
ohn Senden, Australia	73-69-69-68-279
ames Nitties, Australia	70-72-68-69-279
lichael Wright, Australia	70-73-66-70-279
tephen Dartnall, Australia	68-72-68-71-279
lathew Goggin, Australia	71-66-70-72-279
latthew Griffin, Australia	69-67-70-73-279
dam Crawford, Australia	70-71-70-69-280
ason Kang, United States	70-69-71-70-280
latthew Millar, Australia	73-66-70-71-280
rendan Jones, Australia	73-67-67-73-280
eter O'Malley, Australia	73-68-71-69-281
reg Chalmers, Australia	72-69-68-72-281
im Do-hoon, South Korea	73-71-68-70-282
erry Pilkadaris, Australia	70-74-69-69-282
ason Scrivener, Australia	68-75-69-70-282
urt Barnes, Australia	74-65-71-72-282
eigh McKechnie, Australia	70-69-72-72-283

Charl Schwartzel, South Africa	67-64-64-70-26
Gregory Bourdy, France	66-65-74-70-27
Kristoffer Broberg, Sweden	70-69-67-70-276
Scott Jamieson, Scotland	70-68-71-68-277
Garth Mulroy, South Africa	71-68-70-68-277
Andy Sullivan, England	73-71-64-69-27
Richard Sterne, South Africa	70-68-70-70-27
Keith Horne, South Africa	70-69-68-71-278
Steve Webster, England	67-69-70-72-278
George Coetzee, South Africa	71-70-73-65-279
Richard Bland, England	67-73-71-68-279

PNC FATHER-SON CHALLENGE

ar 72	
inal Round	
avis Love III/Dru Love, \$200,000	60-61-121
arry/Josh Nelson, \$80,000	62-60-122
ijay/Qass Singh, \$57,000	62-61-123
avid Duval/Nick Karavites, \$49,500	63-61-124
lark/Shaun O'Meara, \$49,500	61-63-124
uzzy/Gretchen Zoeller, \$47,000	65-60-125
ack/Gary Nicklaus, \$47,000	62-63-125
red/Taylor Funk, \$47,000	61-64-125
ale/Steve Irwin, \$45,000	62-64-126
ernhard/Christina Langer, \$44,000	62-65-127
ee/Connor Janzen, \$43,500	63-65-128
teve/Sam Elkington, \$42,750	66-63-129
aymond/Robert Floyd, \$42,750	64-65-129
anny/Tucker Wadkins, \$41,750	66-65-131

At Coolum, Australia

Final Round	
Daniel Popovic, Australia	64-70-69-69-27
Rod Pampling, Australia	71-67-69-69-27
Anthony Brown, Australia	73-68-64-71-27
Geoff Ogilvy, Australia	67-69-72-69-27
Brad Kennedy, Australia	69-68-70-70-27
Richard Green, Australia	71-68-70-69-27
Nathan Green, Australia	72-71-66-69-27
Marc Leishman, Australia	69-70-73-67-27
Steven Bowditch, Australia	70-67-74-68-27
Darren Clarke, Northern Ireland	70-69-72-68-27
John Senden, Australia	73-69-69-68-27
James Nitties, Australia	70-72-68-69-27
Michael Wright, Australia	70-73-66-70-27
Stephen Dartnall, Australia	68-72-68-71-27
Mathew Goggin, Australia	71-66-70-72-27
Matthew Griffin, Australia	69-67-70-73-27
Adam Crawford, Australia	70-71-70-69-28
Jason Kang, United States	70-69-71-70-28
Matthew Millar, Australia	73-66-70-71—28
Brendan Jones, Australia	73-67-67-73—28
Peter O'Malley, Australia	73-68-71-69-28
Greg Chalmers, Australia	72-69-68-72-28
Kim Do-hoon, South Korea	73-71-68-70-28
Terry Pilkadaris, Australia	70-74-69-69-28
Jason Scrivener, Australia	68-75-69-70—28
Kurt Barnes, Australia	74-65-71-72—28
Leigh McKechnie, Australia	70-69-72-72—28
Zhang Xinjun, China	67-67-74-75—28
Peter Senior, Australia	68-70-68-77—28
Stonhon Loanov Australia	69-70-71-74-29

Charl Schwartzel, South Africa	67-64-64-70-26
Gregory Bourdy, France	66-65-74-70-27
Kristoffer Broberg, Sweden	70-69-67-70-27
Scott Jamieson, Scotland	70-68-71-68-277
Garth Mulroy, South Africa	71-68-70-68-27
Andy Sullivan, England	73-71-64-69-277
Richard Sterne, South Africa	70-68-70-70-278
Keith Horne, South Africa	70-69-68-71-278
Steve Webster, England	67-69-70-72-27
George Coetzee, South Africa	71-70-73-65-279
Richard Bland, England	67-73-71-68-279
David Howell, England	70-73-70-67-28
T. van Aswegen, South Africa	70-68-71-71-28
Prandon Graco South Africa	69-71-67-7/1-29

Par 72	
Final Round	
Davis Love III/Dru Love, \$200,000	60-61-1
Larry/Josh Nelson, \$80,000	62-60-1
Vijay/Qass Singh, \$57,000	62-61-1
David Duval/Nick Karavites, \$49,500	63-61-1
Mark/Shaun O'Meara, \$49,500	61-63-1
Fuzzy/Gretchen Zoeller, \$47,000	65-60-1
Jack/Gary Nicklaus, \$47,000	62-63-1
Fred/Taylor Funk, \$47,000	61-64-1
Hale/Steve Irwin, \$45,000	62-64-1
Bernhard/Christina Langer, \$44,000	62-65-1
Lee/Connor Janzen, \$43,500	63-65-1
Steve/Sam Elkington, \$42,750	66-63-1
Raymond/Robert Floyd, \$42,750	64-65-1
Lanny/Tucker Wadkins, \$41,750	66-65-1
Sandy/James Lyle, \$41,750	66-65-1
Nick/Matthew Faldo, \$41,000	63-69-1

Arnold Palmer/Will Wears, \$40,000 80-76-156

nal Round	
niel Popovic, Australia	64-70-69-69-272
od Pampling, Australia	71-67-69-69-276
nthony Brown, Australia	73-68-64-71-276
off Ogilvy, Australia	67-69-72-69-277
ad Kennedy, Australia	69-68-70-70-277
chard Green, Australia	71-68-70-69-278
athan Green, Australia	72-71-66-69-278
arc Leishman, Australia	69-70-73-67-279
even Bowditch, Australia	70-67-74-68-279
rren Clarke, Northern Ireland	70-69-72-68-279
hn Senden, Australia	73-69-69-68-279
mes Nitties, Australia	70-72-68-69-279
ichael Wright, Australia	70-73-66-70-279
ephen Dartnall, Australia	68-72-68-71-279
athew Goggin, Australia	71-66-70-72-279
atthew Griffin, Australia	69-67-70-73-279
lam Crawford, Australia	70-71-70-69-280
son Kang, United States	70-69-71-70-280
atthew Millar, Australia	73-66-70-71-280
endan Jones, Australia	73-67-67-73-280
ter O'Malley, Australia	73-68-71-69-283
eg Chalmers, Australia	72-69-68-72-283
m Do-hoon, South Korea	73-71-68-70-282
rry Pilkadaris Australia	70-74-69-69-283

SPAIN LA LIGA

Rayo Vallecano 1 Valencia 0 Real Madrid 2 Espanyol 2 Barcelona 4 Atletico Madrid 1

FIFA CLUB WORLD CUP

At Yokohama, Japar FIRST PLACE

Corinthians (Brazil) 1 Chelsea (England) 0 THIRD PLACE Monterrey (Mexico) 2 Al Ahly (Egypt) 0

AMERICAN CONFERENCE NATIONAL CONFERENCE FAST W L T Pct PF PA 10 4 0 .714 506 315 6 7 0 .462 245 306 6 8 0 .429 264 279 W L T Pct PF PA 8 6 0 .571 381 350 8 6 0 .571 327 338 8 6 0 .571 373 304 Washington Dallas N.Y. Giants 5 9 0 .357 306 402 Philadelphia 4 10 0 .286 253 375 SOUTH W L T Pct PF PA W L T Pct PF PA 12 2 0 9 5 0 4 9 0 .857 394 280 .643 309 358 .308 271 386 .143 219 383 12 2 0 .857 371 259 6 8 0 .429 389 379 6 8 0 .429 354 349 5 9 0 .357 296 319 v-Atlanta New Orleans Tampa Bay 4 9 0 2 12 0 Carolina NORTH W L T Pct 9 5 0 .643 Pct PF PA .643 348 307 W L T Pct PF PA 10 4 0 .714 344 292 y-Green Bay 6 0 7 0 9 0 .571 355 293 .500 302 291 .357 280 310 8 6 0 .571 319 308 8 6 0 .571 321 240 4 10 0 .286 330 380 Minnesota Chicago Detroit WEST W L T Pct PF PA 10 3 1 .750 357 218 9 5 0 .643 350 219 6 7 1 .464 258 315 5 9 0 .357 224 302 W L T Pct PF PA 11 3 0 .786 409 274 5 9 0 .357 299 312 San Francisco

 \mathbf{x} — clinched playoff berth; \mathbf{y} — clinched division.

4 10 0 .286 263 402 2 12 0 .143 195 367

Kansas City WEEK 15

NFL

FAST

Miami Buffalo

SOUTH

v-Houston

Tennessee

Jacksonville

NORTH

Baltimore

Cincinnati

Pittsburgh Cleveland

WEST

v-Denver

San Diego

Oakland

y-New England

Sunday's results Washington 38 Cleveland 21 Miami 24 Jacksonville 3 Denver 34 Baltimore 17 Atlanta 34 N.Y. Giants 0 Minnesota 36 St. Louis 22 Houston 29 Indianapolis 17 Green Bay 21 Chicago 13

SOCCER

69-65-134

ENGLAND

PREMIER LEAGUE

Tottenham Hotspur 1 Swansea City 0 West Bromwich Albion 0 West Ham United 0

FRANCE

LIGUE 1 Nancy 1 Bordeaux 1 Lorient 2 Saint-Etienne 0 Paris Saint-Germain 1 Lyon 0

GERMANY

BUNDESLIGA

Borussia Dortmund 3 Hoffenheim 1 Werder Bremen 1 Nuremberg 1

ITALY

SERIE A
Fiorentina 4 Siena 1
AC Milan 4 Pescara 1
Catania 3 Sampdoria 1
Chievo 1 Roma 0 Genoa 1 Torino 1 Juventus 3 Atalanta 0 Parma 4 Cagliari 1 Bologna 3 Napoli 2

Levante 1 Zaragoza 0

Seattle 50 Ruffalo 17 Carolina 31 San Diego 7 Arizona 38 Detroit 10 Dallas 27 Pittsburgh 24 Oakland 15 Kansas City 0 San Francisco 41 New England 34 Monday, December 17 — All Times Eastern N.Y. Jets at Tennessee, 8:30 p.m.

TRANSACTIONS

New Orleans 41 Tamna Bay 0

NBA

Seattle

St. Louis

Arizona

HOUSTON ROCKETS — Recalled F Terrence Jones from Rio Grande Valley (NBADL).

Conner.

CINCINNATI BENGALS — Placed FB Chris Pressley on injured reserve. Signed FB John

JACKSONVILLE JAGUARS — Released WR Kevin Elliott, Signed G Austin Pasztor from the practice squad and WR Jerrell Jackson to

the practice squad. PHILADELPHIA EAGLES — Released T Mike

Gibson TAMPA BAY BUCCANEERS — Signed G Hayworth Hicks to the practice squad.

AHL

SPRINGFIELD FALCONS — Signed D Chris Reed to a professional tryout agreement

SOCCER

U.S. SOCCER FEDERATION — Announced the new women's professional league will be called the National Women's Soccer League.

<u>Year</u> End

MICHIGAN — Suspended CB J.T. Floyd, P Will Hagerup and LB Brandin Hawthorne for the



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BY BETTY MARTIN

T Aries

March 21 - April 20

Thinking about what might have been is a complete waste of time. You will always get the chance to do things in the future that make up for what you did, or did not do, in the past. Why worry?

Taurus April 21 - May 21

You are in a can-do mood at the moment and that's good because the planets indicate that if you make an effort, the results will be spectacular. Jupiter in the money area of your chart could make you a

∐ Gemini

May 22 - June 21

Anything is possible if you want it enough — yes, anything. Identify what it is you most want to accomplish then just go for it, and ignore those who say you are being irresponsible. What do they know? Nothing!

Gancer

June 22 - July 23

If there is something you wanted to finish but for one reason or another failed to see through to the end, don't worry, you'll get another chance. Is it the last chance? Maybe not, but do you want to

Ω Leo July 24 - Aug. 23

You can sense that if you want to make changes to your lifestyle you are going to have to make them soon. You have spent enough time thinking and planning, now you must act. It's now or never.

W Virgo

Aug. 24 - Sept. 23

Don't think about what you intend to do. Just do it and let the situation unfold according to its own momentum. The year is too old to make detailed plans. Just take each day, and moment, as it comes.

△ Libra

Sept. 24 - Oct. 23

Try not to tie yourself down to tasks and chores that can be done at any time. Jupiter in your fellow Air sign of Gemini urges you to be adventurous today. Go some place you have never been to before.

M Scorpio

Oct. 2 04 - Nov. 22

It might be wise not to get too involved in something your friends are clearly enthused about. Don't worry that you might be missing out. On the contrary, you're making time for more important things.

Sagittarius Nov. 23 - Dec. 21

It may be a bit too easy to lose your sense of perspective today as mind planet Mercury opposes Jupiter in your opposite sign. Something will annoy you for sure but you don't have to take it seriously.

り Capricorn

Dec. 22 - Jan. 20

You should be promoting yourself for all you are worth, not only because you are worth more than your rivals but because you have something valuable to offer. Leave your mark on the world and make it a big one.

Aquarius Jan. 21 - Feb. 19

You won't lack for courage or confidence today but you must make sure they are well directed. This is the perfect time to take a creative endeavour to a higher level. Believe you can do it and you'll find a way.

H Pisces

Across

- 1. Droop in the middle
- 4. Vacation spot
- 7. School org.
- 10. Airport listing 11. Fake fanfare
- 13. Gait
- 14. Follower (suffix)
- 15. Strong handsome horse
- 16. "Panic ---'
- 17. On the up and up 20. Matter, in law
- 21. Aftershock
- 25. Take from the top
- 28. L.A. Law actress Susan 29. Gardner of Hollywood
- 31. Nickname for comedian Bill
- 32. Shut the door forcefully
- 33. Founded (abbr.)
- 34. Touch lightly
- 35. Jazz great Fitzgerald 36. Front runner
- 38. Dutch city
- 40. Give a hand to
- 45. Group
- 48. Dublin's land
- 49. The Naked Truth actress Leoni
- 50. of Green Gables
- 51. Squeal
- 52. Flub 53. To soak
- 54. Snake sound
- 55. Unruly crowd

- 1. Leave port
- 2. Comic actor Johnson 3. "Little Miss Sunshine" actor
- Kinnear
- 4. Aver
- 5. French capital
- 6. Sandler or Baldwin 7. In favour of
- 8. Close for Comfort
- 9. Banking machine (abbr.)
- 12. Wanes
- 13. "A Grows in Brooklyn" 18. Take the creases out
- 19. Attempt
- 22. Shopping mecca
- 23. Racetrack shape
- 24. Hindu deity
- 25. Rod accompaniment
- 26. Threat ending 27. Computer input
- 28. Speck 31. Kind of beetle
- 32. Grain
- 34. Vigor
- 37. Title for Judi Dench
- 38. Noblemen
- 39. Some showdowns 41. Perjures
- 46. Compass bearing (abbr.) 47. Picnic pest

43. Roman Emperor

44. Clothing 45. Road surface

15 14 16 33 50 51 52 53 42. Discussion point

How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Friday's Sudoku

5	9	1	8	4	2	6	3	7
3	2	6	7	t	5	0	8	4
8	7	4	6	3	9	5	2	1
1	ŝ	7	3	9	6	B	4	2
2	4	9	1	5	6	3	7	6
6	3	8	4	2	7	1	9	5
4	1	2	5	8	3	7.	6	0
7	8	5	9	8	4	2	1	0
9	6	3	2	7	1	4	5	H

6			5	1	3			2
					2	7		
	1	2	4			6		
1	8		7		9	3		4
2								9
7		3	8		4		5	6
		5			7	9	6	
		1	2					
8			3	9	5			1

Feb. 20 - March 20

If you have promised to do something for a loved one then you must do it — immediately. Yes, of course, you did not realize that other factors would come into play but that's irrelevant. Promises must be kept. SALLY BROMPTON



See today's answers metronews.ca/ answers.



TODAY

TUESDAY

(4)



(**



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